

# The Bull Age



## Inside this edition:

Winter Kirls & Teen Camps .....Pg. 8 & 16
Library Concerts .......Pg. 18

Chinese New Year Luncheon ....Pg. 26





### CITY OF ARCADIA

### RECREATION AND COMMUNITY SERVICES DEPARTMENT LIBRARY AND MUSEUM SERVICES DEPARTMENT

Arcadia	City	Coun	cil
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Gary A. Kovacic, Mayor Roger Chandler, Mayor Pro Tem **Tom Beck** Mickey Segal Sho Tay

Gene Glasco, City Clerk Dominic Lazzaretto, City Manager

> **Arcadia City Hall** 626.574.5400

#### **Recreation and Community Services Department**

Sara Somogyi, Director of **Recreation and Community Services** 

626.574.5113 • Fax 626.821.4370

**Senior Services** 626.574.5130 • Fax 626.447.5854

Wilderness Park

626.355.5309 • Fax 626.355.8419

Par-3 Golf Course 626.443.9367

> **Buzz Line** 626.574.3880

#### **Library and Museum Services Department**

Mary Beth Hayes, Director of Library and Museum Services 626.821.4364

> Information Services 626.821.5569

Children's Services 626.821.5566

**Circulation Services** 626.821.5571

The Gilb Museum of Arcadia Heritage 626.574.5440

#### Other Important Numbers

**Arcadia County Park Reservations** 888.239.6700

> **Arcadia County** Lawn Bowling and Softball 626.821.4619

**LA County Arboretum** 626.821.3222

**Arcadia Unified School District** 626.821.8300

### TABLE OF CONTENTS

Family Events	3-4
Library /Museum Events	3-4
Class Location Abbreviation Legend	5
Tot Classes	5-7
Youth Programs and Events	8
Youth Classes	
Teen Programs	16
Adult Programs and Events	17-18
Adult Classes	19-25
Adult 50+ Programs/Events	25-26
Adult 50+ Classes	27-28
Registration Information	29-30
Facility Information	31

#### **Recreation and Community Services Department** ArcadiaCA.gov

375 Campus Drive, Arcadia, CA 91007 • 626.574.5113 Office Hours: Monday - Thursday, 7:30am-5:30pm • Friday, 8am-5pm





626,574,3880

**Arcadia Recreation Program Update** 

The Arcadia Recreation Department has a program information hotline. In the event of inclement weather or program cancellations, the hotline will indicate the status of our daily programs. The Buzz Line is available to all parents and participants and a convenient way to obtain program information. The Hotline is updated daily by noon.

### **Arcadia Public Library** ArcadiaCA.gov/library



20 West Duarte Road, Arcadia, CA 91006 626.821.5567 Monday - Thursday, 10am-9pm • Friday - Saturday, 10am-6pm

### The Gilb Museum of Arcadia Heritage ArcadiaCA.gov/museum

380 West Huntington Drive, Arcadia, CA 91007 626.574.5440

Admission is always free • Tuesday - Saturday, 10am-12pm and 1-4 pm Special guided tours available for school field trips and larger groups; prior arrangements required.

#### **Museum Education Center**

382 West Huntington Drive, Arcadia, CA 91007 • 626.574.5189



Follow us on TWITTER: @CityofArcadiaCA

### FAMILY EVENTS

# Breakfast with Santa \* AND \* Holiday Snow Festival

#### Arcadia Community Center - Saturday, December 5

(Free parking and shuttle service at the Centennial Way entrance to Santa Anita Race Track at 8am)

**Breakfast with Santa** cost is \$10 per person and includes breakfast, photos with Santa and Holiday entertainment. There will be two options for breakfast; 8:30-9:30am or 10:30-11:30am. Space is limited and reservations must be made in advance.

Holiday Snow Festival is free to the public and will take place from 9am-2pm (Rain or shine). This event will feature Holiday entertainment, crafts, trolley train rides, sled runs and two snow play areas. The Grilled Cheese Truck will be available to purchase food between 11:30am and 1:30pm.





### **Kid's Night Out**

Arcadia Community Center 6-11pm • \$15 per child

DateThemeDecember 11Winter WonderlandJanuary 8Frozen FunFebruary 12Be My ValentineMarch 11Music Fun

Class # W16-1010 W16-1011 W16-1012 W16-1013

Kid's Night Out provides kids a night of fun and play so mom and dad can enjoy an evening out or a quiet evening at home. Recreation Staff and Volunteens offer dinner, themed games, movies, snacks, and supervision for children ages four and above who are completely potty trained. Accommodations cannot be made for special dietary needs. Pre-registration is mandatory.

### Letters to Santa

Santa's Elves will be delivering your wish list to the North Pole. Santa will respond to every child who writes him. Please send a self-addressed and pre-stamped envelope, postmarked between 11/27/15 and 12/11/15, to:

Santa Claus c/o Arcadia Recreation and Community Services Department P.O. Box 60021 Arcadia, CA 91066-6021

#### FAMILY EVENTS AT THE ARCADIA PUBLIC LIBRARY

Please call 626.821.5566 for more information.

Ages 4-14 years

**All Ages** 

#### **Spring Reading Program**

#### Saturday, March 19 - Saturday, April 23

Register for the Library's Spring Reading Program and read five books to earn a reading reward. Each child may earn up to two reading rewards during the program. Join the Spring Reading Program fun!

### Annual Summer Reading Program Bookmark Contest Ages 3-14 years Read for the Win!

#### Saturday, March 19 - Saturday, April 16

Whose bookmark will be selected for the Arcadia Public Library's Summer Reading Program Bookmark Contest? It could be yours! All bookmark entry forms must be received no later than Saturday, April 16 by 5:30pm.

#### Weather in My Back Yard

#### Saturday, January 9; 2:30pm

Why does it rain? What causes the wind? Will it ever snow in Arcadia? If you've ever asked these questions, this special STEAM program is for you! Inquiring children will hear some weather-related stories, learn about the scientific method, and conduct simple hands-on experiments to discover some of the myths and science behind weather.



#### Mo Willems Book Party Extravaganza

#### Saturday, January 23; 2:30pm

Join us for a celebration of the wonderful characters created by Mo Willems, including Elephant and Piggie, Knuffle Bunny, and Pigeon. Enjoy silly stories, crafts, snacks, and games! Don't miss out on the Mo Willems fun!



#### Chinese New Year Celebration

#### Saturday, February 6; 3pm

Children and their families are invited to a Lunar New Year celebration at the Arcadia Public Library. We will celebrate the Year of the Monkey with fun stories, activities, and a craft. There will also be a traditional dance performance as well as Lion Dance and Martial Arts presentation for all to enjoy.

#### Creation Station – "Hearty Party" Saturday, February 13; 2:30pm

Valentine's Day is on its way! Visit this drop-in program and make cool and creative Valentine's Day crafts for your friends and family. Materials will be available while supplies last. Younger children must be accompanied by an adult to assist with the crafts.



All Ages

#### Read Across America

#### Wednesday, March 2: 10:30am

Everyone is invited to celebrate Dr. Seuss' birthday here at the Library. We will be joined by our own Arcadia Fire Fighters. They will read some great stories and let us tour a fire truck! There will also be a light snack and a special souvenir to take home.

### Kaleidoscope Concert for Families –

#### Age 6 and older Beats, Bows and Reeds Saturday, March 5; 2-3pm Mozart and Leroy Anderson are a winning combination. Hear the clarinet, violin and piano perform acrobatic

and piano perform acroba rhythms that defy gravity. Fiddle-Faddle will be featured.

the Spending

#### **Blue Submarine**

#### All Ages

### Saturday, March 12; 2:30pm OR 4pm

Experience marine life up-close and learn about the amazing life of the sea star. Children will also have the opportunity to touch live tide pool animals such as sea stars, sea urchins, hermit crabs, sea slugs, sea anemones, and keyhole limpets. Join us for this fun and educational activity.

### FAMILY EVENTS

#### FAMILY EVENTS AT THE GILB MUSEUM OF ARCADIA HERITAGE

Please call 626.574.5440 for more information.

Hands-On Saturdays for Families - Celebrate Diversity!

Free \* All Ages Welcome \* **Family Program** 

At the Museum Education Center

#### Norooz Mubarak! Happy Persian New Year! March 19; 10am to 12pm

Norooz means 'new day' and has been celebrated for over 3,000 years in Iran and around the world. Set during the vernal equinox, this is a time of fresh starts and new beginnings. Experience the rich history and traditions of this joyous time. Jump the fire, paint an egg, and join us for a very special live performance of classical Persian dance by Nazanin Badiei, Dancer, choreographer, and Founder of Dancetitute Academy, Los Angeles.



#### Up Close and Messy!

True Blue Indigo Dveing February 27; 10am - 12pm and 1 - 3pm Learn the history of this prized pigment produced by a plant that is part of the pea family. Discover why it once held so much power and was worth so much in the United States and abroad! Come experience the process of fermentation and dying with indigo when you hand-dip your own scarf or tea towel. Wear blue and prepare to get messy!



#### Scout Programs! New!

Cub Scout Day! February 13; 9am - 12pm

Register by January 9th by calling: 626.574.5478

Join us to work alongside Scouts from other and dens to earn the same badges! Scout Days involve a tour and specially planned workshops and exercises that lead you through your badge requirements. Scout programs are free of charge. Advance registration is required. Groups and individuals are welcome. Parents participate.



- Tiger Go See It!
- Wolf Elective 10. American Indian Lore
- · Bear Elective 24. American Indian Life



### Do you have a talent you want to share or have a love for teaching?



The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their exisiting income. Contact Brie Houghton at 626.574.5113 or visit the Recreation Department to pick up an application.

### TOT PROGRAMS

#### TOT AND PRESCHOOL PROGRAMS/EVENTS AT THE ARCADIA PUBLIC LIBRARY

Please call 626.821.5566 for more information.

Storytimes are a wonderful way to introduce children to the lifelong love of reading and the fun of visiting the community Library. Registration is required.

#### WINTER SESSION • JANUARY 12 - FEBRUARY 17

In-person registration for the Winter Session begins Saturday, January 9 at the Arcadia Public Library.

10am - 12 noon: Priority registration for Arcadia Residents.

Must show proof of residency.

12 noon onward: Open registration.

Phone-in registration accepted starting Monday, January 11.

#### SPRING SESSION: MARCH 15 - APRIL 20

In-person registration for the Spring Session begins Saturday, March 12 at the Arcadia Public Library.

10am - 12 noon: Priority registration for Arcadia Residents.

Must show proof of residency.

12 noon onward: Open registration.

Phone-in registration accepted starting Monday, March 14.

#### Baby Tales - Infant Storytime Ages 4 - 23 months Tuesdays, 10:15am

Join us for a 15-20 minute program of songs, stories, fingerplays, and more.

**Toddler Time** Ages 19 - 47 months Tuesdays, 6:30pm or Wednesdays, 10:15am This 30-40 minute storytime is just right for toddlers.

#### **Preschool Storytime**

Wednesdays, 6:30pm

This 30-45 minute structured storytime is designed specifically for children ages four to seven years only.

Parents may enjoy the storytime with their child or stay in the Children's

Ages 4-7 years



#### **English/Mandarin Bilingual Storytime**

Ages 3-5 years

Thursdays, January 7, February 4, March 3, & April 7; 6:30pm Join us for a bilingual storytime with stories, songs, and activities in Mandarin and English. This is a 30-45 minute storytime designed for ages three to five years. Registration is not required for Bilingual Storytime.

#### California Young Reader Medal (CYRM) Storvtime

Thursday, March 17; 6:30pm

Come and hear the five primary stories, nominated for the California Young Reader Medal, read aloud. You will have the opportunity to vote for your favorite and do a fun craft!

Registration is not required for CYRM Storytime.





### TOT CLASSES

#### Art

#### **Educational 2D World Art Concept**

Developing educational concepts like 1, 2, 3 and A, B, Cs while creating memorable pieces of art. Children will learn about colors, basic painting and drawing skills. Parent must attend all classes with their child.

\$10 materials fee Instructor: KT Boyce

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4000	1/9-2/13	10:30-11:15a	Sat	CCCR	3-6	\$56/6 wks

#### **Parent and Me Educational 3D Clay Class**

Developing educational concepts like 1, 2, 3 and A, B, Cs while using tactile skills to develop clay art pieces like ornaments and keepsakes. Parent must attend all classes with their child. **\$10 materials fee** 

Instructor: KT Boyce

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4002	2/20-3/19	10:30-11:15a	Sat	CCCR	3-6	\$57/5 wks

#### **Parent and Me Drawing and Painting**

A fun, creative class to learn about composition and color theory. Parent must attend all classes with their child. **\$10 materials fee** 

Instructor: KT Boyce

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4003	1/4-2/8	5-5:45p	Mon	CCCR	3-6	\$56/6 wks	

#### **Parent and Me Painting Pottery/Ceramic Art**

During this bonding time, you and your child will experience and learn to design and decorate bisque ware pottery art. We will teach painting skills all while watching their creations come together to create a functional piece of art. Students will learn a variety of age-appropriate techniques, creating pieces of art to commemorate their age and skill while enjoying a total art studio experience. \$25 materials fee

Instructor: Paint 'n' Play Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4202	1/8-1/22	12-1p	Fri	PP	2-5	\$72/3 wks
W16-4203	1/29-2/12	12-1p	Fri	PP	2-5	\$72/3 wks
W16-4204	2/19-3/4	12-1p	Fri	PP	2-5	\$72/3 wks



#### **Parent and Me Art Class**

In this fun and creative art class, everyone will have the opportunity to explore art using many different materials and mediums, they will also learn different types of drawing and painting techniques as well as print making, collages and sculpture. **\$60 materials fee** 

Instructor: Mandy Lin

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4361	1/4-3/14 no class 2/15	9:30-10:30a	Mon	USAD	2-4	\$82/10 wks
W16-4362	1/4-3/14 no class 2/15	10:30-11:30a	Mon	USAD	2-4	\$82/10 wks
W16-4363	1/10-3/20 no class 2/14	4:30-5:30p	Sun	USAD	2-4	\$82/10 wks
W16-4364	1/7-3/17 no class 2/18	5:30-6:30p	Thu	USAD	2-4	\$82/10 wks

#### **Tot Enrichment**

#### **Cooking for Tots**

Join this semi hands-on basic cooking class for younger children. Kids will be introduced to new and exciting flavors. Please bring an apron and a container to take food home. **\$40 materials fee** 

Instructor: Ricky Ramirez, Graduate of Le Cordon Bleu College of Culinary Arts

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4345	1/4-2/1	4-5p	Mon	CCK	4-7	\$52/5 wks
W16-4346	2/8-3/14 no class 2/15	4-5p	Mon	CCK	4-7	\$52/5 wks
W16-4347	1/5-2/2	4-5p	Tue	CCK	4-7	\$52/5 wks
W16-4348	2/9-3/15 no class 2/16	4-5p	Tue	CCK	4-7	\$52/5 wks



#### **Baking for Kids**

Kids will love this fun class where they can create their own delicious baked masterpiece, discover new ingredients and learn the fundamentals of baking. Bring apron and container. \$40 materials fee

Instructor: Mayra Mendoza, Graduate of Le Cordon Bleu College of Culinary Arts

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4163	1/6-2/3	4-5:30p	Wed	CCK	4-14	\$52/5 wks
W16-4164	2/10-3/16 no class 3/9	4-5:30p	Wed	CCK	4-14	\$52/5 wks
W16-4165	1/7-2/4	4-5:30p	Thu	CCK	4-14	\$52/5 wks
W16-4166	2/11-3/17 no class 3/10	4-5:30p	Thu	CCK	4-14	\$52/5 wks

#### CLASS LOCATION ABBREVIATION LEGEND

ACP Arcadia County Park Senior Building, 405 South Santa Anita Avenue

AHS Arcadia High School, 180 Campus Drive

AM Arcadia Music, 32 East Duarte Road

APGC Arcadia Par 3 Golf Course, 620 East Live Oak Avenue

APL Arcadia Public Library, 20 West Duarte Road

BC Bicentennial Park Tennis Courts, 518 East Longden Avenue

CCAF Civic Center Athletic Field, 240 West Huntington Drive

CC Community Center, 365 Campus Drive
CCBall Community Center Ballroom
CCBill Community Center Billiard Room
CCCR Community Center Craft Room
CCDR Community Center Dance Room

CCK Community Center Kitchen

CG Camino Grove Tennis Courts, 1420 South 6th Avenue

CK Champions Karate, 947 "B" West Duarte Road, Monrovia

DG Dana Gym, 1401 South First Avenue

**EP** Eisenhower Park, 601 North 2nd Avenue (corner of 2nd Avenue and East Colorado Boulevard)

FAMS First Avenue Middle School, 301 South First Avenue

HA Holly Avenue Tennis Courts, 360 West Duarte Road (courts are off of Lyndon Way)

HRPS Hugo Reid Primary School South Michillinda Avenue/Hugo Reid Drive

LN Learning Nexus, 11 West Duarte Road

MEC Museum Education Center, 382 West Huntington Drive

NCP Newcastle Park, 143 West Colorado Boulevard

**OG** Orange Grove Park Tennis Courts

PP Paint 'n' Play Studio, 418 South Myrtle Avenue, Monrovia

USAD U.S. Arts & Design Studio, 38 East Live Oak Avenue

Corner of Orange Grove and Baldwin Avenue

If you need more information, please contact us at: 626.574.5113

### TOT CLASSES

#### Dance

#### **Pitter Pat Dance Class®**

Be part of your little one's growth and development with basic ballet and dance movements. Explore dance together in a fun, entertaining environment. Adult participation is required. Annual Performance March 12! Ballet shoes required: \$25 costume rental fee.

Instructor: Patricia Kyle

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4152	1/9-3/12	9:30-10a	Sat	CCDR	2-3	\$72/10 wks
W16-4153	1/9-3/12	10-10:30a	Sat	CCDR	3-4	\$72/10 wks



#### Pitter Pat Ballet for Children®

Explore the fundamentals of classical ballet in a positive learning environment. Each session is designed to meet the needs of children with all levels of experience. Annual Performance March 12! Ballet shoes required; \$25 costume rental fee.

Instructor: Patricia Kyle

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4154	1/9-3/12	10:30-11a	Sat	CCDR	4-5	\$72/10 wks

Visitors welcome during first lesson only.

#### **Parent and Me Dance**

Parent and Me creates delicate nuances that are established between a parent and child in a special impactful way. It renders softly and lovingly a shared, undeniable bond between parent and child. It will create a foundation of strong security for the young child's life for years to come. **Instructors:** Shelly and Stacy Kirkland

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4092	1/6-2/3	3:30-4:15p	Wed	CCDR	2-3	\$37/5 wks
W16-4093	2/17-3/16	3:30-4:15p	Wed	CCDR	2-3	\$37/5 wks

#### **Creative Dance and Youth Jazz**

A fun opportunity to introduce dance movement to kids. Learn coordination, rhythm and choreography. Through fun exercise, we stretch our imaginations and our bodies. Small recital on the last day of class. Ballet or jazz shoes are highly encouraged.

Instructor: Ashley O'Connell

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4196	1/13-3/2	4-4:45p	Wed	CCDR	4+	\$69/8 wks

\*Must be potty trained and visitors welcome during first and last lesson only.

#### **Ballet and Tan**

Beginning ballet and tap taught in a fun, encouraging environment where kids will learn while they play. We cover the basics of ballet and tap, classroom etiquette and working together with friends. Small recital on the last day of class. Ballet and tap shoes are required.

Instructor: Ashley O'Connell

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4197	1/12-3/1	4-4:45p	Tue	CCBall	3-4	\$69/8 wks
W16-4198	1/12-3/1	4:45-5:30p	Tue	CCBall	5-8	\$69/8 wks
Vicitore	welcome during first and la	et lesson only				



#### **Ballet and Jazz**

Beginning ballet and jazz taught in a fun, encouraging environment where kids will learn while they play. Covers ballet and jazz basics, classroom etiquette and working together.

Instructor: Bronte Grant

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4106	1/21-3/17	3:45-4:15p	Thu	CCBall	2-3	\$65/9 wks

#### The Art of Hula - Hawaiian Dance

Students will learn hula, as well as Hawaiian culture and language. Hawaiian names for basic hula steps, hand motions, hula etiquette and protocols will be taught.

Instructor: Mikilani Young, Kumu Hula

	3,							
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE		
BEGINNER								
W16-4331	1/13-2/10	6-6:30p	Wed	CCBall	4-10	\$52/4 wks		
W16-4332	2/17-3/16	6-6:30p	Wed	CCBall	4-10	\$52/4 wks		
INTERMEDIATE								
W16-4333	1/13-2/10	6:30-7:30p	Wed	CCBall	4-10	\$62/4 wks		
W16-4334	2/17-3/16	6:30-7:30p	Wed	CCBall	4-10	\$62/4 wks		



#### **Toddler Twist**

Fun, energetic, dance-inspired movement class aiding gross motor skills and rhythm. Children and their parent(s) join in an active, imaginative warm up followed by action songs and dance, incorporating play with props, hoops, scarves and balls. Focuses on dance, balance and movement **Instructor:** Karen Beattie

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4007	1/12-3/1	4-4·45n	Tue	CCDR	2-3	\$50/8 wks

#### Music

#### **Kids Music 'N' Motion**

In early childhood music classes, children will be introduced to musical instruments, including those in an orchestra. Classes will cover creative movement, singing, listening and rhythm. This is a developmentally appropriate class, it will enhance a child's awareness of music.

Instructor: Kids Music 'N' Motion Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4134	1/9-2/6	11:30a-12:15p	Sat	CCBill	0-21/2	\$72/5 wks
W16-4135	2/20-3/19	11:30a-12:15p	Sat	CCBill	0-21/2	\$72/5 wks
W16-4136	1/9-2/6	12:15-1p	Sat	CCBill	2½-5	\$72/5 wks
W16-4137	2/20-3/19	12:15-1p	Sat	CCBill	21/2-5	\$72/5 wks

#### **Piano Prep Class**

Get ready for piano class next session by working on music theory as well as fine motor skills necessary for playing piano or other instruments. A fun and educational class will be filled with hands-on skills on keyboards as well as music games. \$25 materials fee.

Instructor: Kids Music 'N' Motion Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4138	1/9-2/6	1-1:45p	Sat	CCBill	3-4	\$72/5 wks
W16-4139	2/20-3/19	1-1:45p	Sat	CCBill	3-4	\$72/5 wks



#### **Kindermusik Family Time**

Learn and have fun in a musical world together with your child! Materials include an instrument, class songs, lyrics, activities, and an eBook that can be both viewed and downloaded online, new materials every session. \$22 materials fee; \$6 for each additional sibling.

Instructor: Emily Chang

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4062	1/4-1/25	4:45-5:30p	Mon	CCBall	0-6	\$54/4 wks
W16-4063	2/22-3/14	4:45-5:30p	Mon	CCBall	0-6	\$54/4 wks



### TOT CLASSES

#### **Kidz Love Soccer Classes**

Kidz Love Soccer rain-out Hotline: 888.372.5803

#### **Mommy/Daddy and Me Soccer**

Introduce yourself and your toddler to the "World's Most Popular Sport!" As you and your child participate in our fun, age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy and Me Soccer, parents are a part of the action! All kids will receive a Kidz Love Soccer jersey.

Instructor: Kidz Love Soccer Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4190	1/27-3/16	9:30-10a	Wed	CCAF	2-31/2	\$98/8 wks



#### **Tot/Pre Soccer**

Children will have fun and learn the basic techniques of the game; while building self-esteem and learning to follow instructions in a nurturing, teaching environment. All participants will receive a Kidz Love Soccer jersey. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4191	1/27-3/16	10:10-10:40a	Wed	CCAF	31/2-5	\$98/8 wks
W16-4192	1/27-3/16	3-3:30p	Wed	CCAF	3½-5	\$98/8 wks

#### **Tot Sports**

#### **Little Ninjas Karate**

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self control, fitness, balance and coordination all while participating in a kid-friendly environment. Registration fee includes a free uniform for first-time attendees.

Instructor: Champions Karate Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4109	1/4-3/14	4-4:30p	Mon	CK	3-4	\$189/11 wks
W16-4110	1/5-3/15	5-5:30p	Tue	CK	3-4	\$189/11 wks
W16-4111	1/6-3/16	4-4:30p	Wed	CK	3-4	\$189/11 wks
W16-4112	1/7-3/17	5-5:30p	Thu	CK	3-4	\$189/11 wks
W16-4113	1/9-3/19	11-11:30a	Sat	CK	3-4	\$189/11 wks



#### **Tumbling and Pre-Gymnastics**

Younger children work on their floor exercise and movement using specialized equipment including a mini trampoline, low balance beam, vault and mats. Children should wear comfortable clothing that enables them to move about. The Parent and Me classes require parent participation during the whole class time.

Instructor: Charter Oaks Gymnastics Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
PARENT A	AND ME TUMBLING TOTS I					
W16-4066	1/5-2/2	4-4:40p	Tue	CCBall	2-3	\$50/5 wks
W16-4067	1/5-2/2	4:45-5:25p	Tue	CCBall	2-3	\$50/5 wks
W16-4068	1/8-2/5	4-4:40p	Fri	CCDR	3-4	\$50/5 wks
W16-4069	2/16-3/15	4-4:40p	Tue	CCBall	2-3	\$50/5 wks
W16-4070	2/16-3/15	4:45-5:25p	Tue	CCBall	2-3	\$50/5 wks
W16-4071	2/19-3/18	4-4:40p	Fri	CCDR	3-4	\$50/5 wks



#### **Pee Wee Tennis Academy**

Is your young child tired of watching the big kids have all the tennis fun? Now there's a group just for the Pee Wees!! This clinic is the perfect tennis introduction. Students learn the basics of the: forehand, backhand, volley, and serve in a coordination-building, fitness-friendly, fun, atmosphere. Your child will love joining in fun tennis games like: popcorn machine, walk the tennis dog, and alley rally.

Instructors: Tennis Anyone Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
BEGINNE	BEGINNER/INTERMEDIATE								
W16-4226	1/9-3/30	9-10a	Sat	OG	3-6	\$67/4 wks			
W16-4227	1/9-3/30	10-11a	Sat	OG	3-6	\$67/4 wks			
W16-4228	2/6-2/27	9-10a	Sat	OG	3-6	\$67/4 wks			
W16-4229	2/6-2/27	10-11a	Sat	OG	3-6	\$67/4 wks			
W16-4230	3/5-3/26	9-10a	Sat	OG	3-6	\$67/4 wks			
W16-4231	3/5-3/26	10-11a	Sat	OG	3-6	\$67/4 wks			
INTERME	DIATE/ADVANCED								
W16-4232	1/9-3/30	11a-12p	Sat	OG	3-6	\$67/4 wks			
W16-4233	2/6-2/27	11a-12p	Sat	OG	3-6	\$67/4 wks			
W16-4234	3/5-3/26	11a-12p	Sat	OG	3-6	\$67/4 wks			



### YOUTH PROGRAMS AND EVENTS

#### YOUTH PROGRAMS/EVENTS AT ARCADIA PUBLIC LIBRARY

Please call 626.821.5566 for more information.

#### **Barks and Books**

Kindergarten – 5th grade Saturdays, January 2 and 16, February 6 and 20 March 5 and 19 11am

Practice reading aloud to a specially trained therapy dog who loves to hear a good story. This program is made possible by the generous time and effort of the Pasadena Humane Society.



### MIDDLE SCHOOL PROGRAMS AT ARCADIA PUBLIC LIBRARY

Please call 626.821.5566 for more information.

Middle School Advisory Group (MAG) Meeting

6th - 8th grade

Monday, January 11; 3:30pm

Join the Middle School Advisory Group to help Library staff plan and host fun events and activities for middle schoolers. A great way to get involved at the Library and meet new friends!

#### **Middle School Events**

6th - 8th grade

Mondays, February 22, March 21, and April 18; 3:30pm

Middle schoolers are cordially invited to monthly events designed exclusively for students in grades 6 - 8. Crafts, games, and much more! Join the fun!



#### First Friday Films for Middle Schoolers

6th - 8th grade

Fridays, January 8, February 5, and March 4; 3:30pm Calling all middle schoolers - join us on the first Friday of each month to meet up with friends, relax, and enjoy a fun movie. Snacks will be served.

Please note: Due to a holiday, the January program will take place on the second Friday of the month.

### Poetry in Motion: A Teen Event Friday, April 22; 3:30pm

Dying to perform in front of an audience for a prize? Teens are invited to perform a scene, recite a poem, sing, or play a song in front of a live audience. Teens can compete with an original piece, read aloud during our Open Mic session, or simply be part of the audience. Register in the Children's Room beginning Monday, March 14. Poetry and lyrics must be submitted and approved prior to the event. All entries must be received by Friday, April 15 by 5:30pm.



#### Winter Kid's Camp

Holly Avenue Elementary School, 360 West Duarte Road Dates: Monday-Wednesday, December 21, 22, 23, 28, 29 and 30

Time: 9am-5pm

Cost: \$20 per child, per day

 Monday
 12/21
 W16-1018
 Monday
 12/28
 W16-1021

 Tuesday
 12/22
 W16-1019
 Tuesday
 12/29
 W16-1022

 Wednesday
 12/23
 W16-1020
 Wednesday
 12/30
 W16-1023

Sign the kids up for Winter Kid's Camp, a safe, supervised, kid-friendly camp program held at Holly Avenue Elementary School. Each day is filled with fun group activities including crafts, board games, movies and snacks. Sign your child up for one day or all three, Camp is available to children ages 6-11. Please be sure to pack your child a lunch, a morning and mid-afternoon snack will be provided each day per child.

#### **Elementary School Programs**

Free Supervised Elementary Playgrounds: Through June 10, 2016; Monday - Friday • 2:30-4:30pm All Arcadia Unified School District Elementary Schools

A free <u>drop-in program</u> for youth in <u>grades 1-5</u>. School year playgrounds offer a variety of organized recreation activities led by Recreation Leaders. Board games, outdoor games and crafts are a few of the activities provided. Staff supervision and activities are only provided until 4:30pm. Playgrounds will be closed on AUSD minimum days, Common Core Days and holidays. Participants are required to attend the program for a minimum of one hour, at least three days each week. Space is limited and participants must meet the previously stated requirement to remain in the program. Children must be signed out by a parent/adult. A late fee will be charged for supervision if your child is picked up after 4:30pm.

RAINY DAYS: Please call the Buzz Hotline at 626.574.3880 for information on Playground closures. The Buzz Hotline is updated daily by noon.

#### **Playground Athletic League**

#### Playground Basketball League League Fee \$38 (Jersey Included)

The Playground Basketball League is provided at AUSD elementary schools, from 2:30-3:30pm (days TBD) and are open to children in grades 3-5. The league will focus on teaching fundamental skills and techniques of the sport at practices which are held two days a week at the playground site. Games will be held Saturday mornings at the Dana Gym on the following dates: 1/16, 1/23, 1/30, 2/6, 2/13, and 2/20. Transportation to and from the games is the responsibility of the participants. Students must be picked up at the conclusion of their game or have consent to walk home. Late fees will apply for students that do not have permission to walk home. League registration is limited and will take place online beginning Monday, November 23, and go through Friday, December 11. Registration for the league is online only.

	Class	Cla	SS
Baldwin Stocker Boys:	W16-1037	Baldwin Stocker Girls: W16-10	38
Camino Grove Boys:	W16-1039	Camino Grove Girls: W16-10	40
Highland Oaks Boys:	W16-1033	Highland Oaks Girls: W16-10	34
Holly Avenue Boys	W16-1035	Holly Avenue Girls W16-10	36
Hugo Reid Boys:	W16-1031	Hugo Reid Girls: W16-10	32
Longley Way Boys:	W16-1041	Longley Way Girls: W16-10	142

Rainy Days: Please call the Buzzline at 626.574.3880 for information on cancelled practices. The Buzzline is updated daily by noon.

#### **All Star Tournaments**

At the end of the basketball season, players from the playground league will be selected to form All Star Teams. These teams will represent the City of Arcadia in the San Gabriel Valley Tournaments.

#### All City Track and Field Meet

Location: Arcadia High School

**Date:** 3/16 (Students born 2005-2009) 3/23 (Students born 2001-2004)

Rain date: 4/13

Time: Check-In 3pm; First Event Begins at 4pm

Students should attend the meet which corresponds with their year of birth. Participation is open to elementary and middle school age boys and girls born in years 2001-2009 who are Arcadia residents or attend Arcadia Schools (public or private). Participants must compete in the age division in which they were born and will compete in separate gender divisions. Participants may compete in only one running event, one field event, and one relay.



Track meet practice: Elementary students interested in participating should register with a Playground Recreation Leader. Middle School students should check with their PE teachers about participating in the track meet.



#### ALL ART CLASSES WITH KT BOYCE **REQUIRE A \$10 CASH MATERIALS FEE.**

#### **Creative Art Classes with KT Boyce**

Classes meant to help develop the creative mind in a variety of ways including drawing, painting and clay work. The instructor will teach your child to explore their imagination and instruct them on how to capture that in art form. All classes use different materials and lessons will not be repeated.

#### **Cartooning and Fantasy**

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4012	1/9-2/13	12:30-1:15p	Sat	CCCR	5-10	\$56/6 wks
W16-4354	2/6-3/15	5-5:45p	Tue	CCCR	6-13	\$47/5 wks

#### **Drawing and Painting**

#	DATES	IIIVIE	DAT(5)	PLACE	TEARS	FEE
W16-4013	1/4-2/8	4-4:45p	Mon	CCCR	5-8	\$56/6 wks
W16-4014	1/9-2/13	11:30a-12:15p	Sat	CCCR	5-10	\$56/6 wks
W16-4015	2/20-3/19	12:30-1:15p	Sat	CCCR	5-10	\$47/5 wks

#### **All About Clay**

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4016	2/18-3/17	4:15-5p	Thu	CCCR	5-9	\$57/5 wks
W16-4038	2/22-3/14	4-4:45p	Mon	CCCR	5-10	\$46/4 wks



#### **Color Pencil and Pastels**

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4039	2/20-3/19	11:30a-12:15p	Sat	CCCR	5-10	\$47/5 wks

Realist	ic and Cartooning								
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
W16-4041	1/7-2/11	4:15-5p	Thu	CCCR	5-9	\$56/6 wks			
W16-4040	2/22-3/14	5-6p	Mon	CCCR	8-13	\$38/4 wks			
Drawing and Sketching									
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
W16-4042	1/7-2/11	5:15-6:15p	Thu	CCCR	13+	\$56/6 wks			
Knife Painting									
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
W16-4043	2/18-3/17	5:15-6:15p	Thu	CCCR	13+	\$52/5 wks			

#### **Water Color - Animals and Landscapes**

A great	way to learn about wat	tercolor painti	ng, an	art torn	n all on	its own.
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4353	1/5-2/9	5-5:45p	Tue	CCCR	5-9	\$62/6 wks

#### **3D Painting - Gels and Paste**

Gels and modeling paste provide an exciting way to get your art to pop off the canvas. Learn to make beautiful landscaping and floral paintings.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4356	2/16-3/15	6-7p	Tue	CCCR	13+	\$62/6 wks

#### **Modern and Contemporary Art**

#### NEW!!

Understand modern and contemporary art while focusing on color, texture and dimension. The use of recycled items will bring new life and depth to your masterpiece.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4355	1/5-2/9	6-7p	Tue	CCCR	13+	\$62/6 wks

#### **Maguette Sculpting NEW CLASS!!**

Learn to sculpt clay characters: fantasy, realistic, stylized maquettes of your own creation or fan-art of your favorite personalities. No firing needed. Materials, tools, techniques will be demonstrated in class. \$30 materials fee

Instructor: Hock Hian Wong

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4367	1/6-2/17 no class 2/6	4-6p	Fri	PP	9+	\$150/5 wks

#### **Craft-tastic Art Class**

Introduces student to new and experimental ways of crafting. Play/paint/create using a different technique each week. \$25 materials fee.

Instructor: Elizabeth Butterfield

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4050	1/4-1/25	3:30-5:30p	Mon	PP	12-18	\$61/4 wks
W16-4051	2/1-2/22	3:30-5:30p	Mon	PP	12-18	\$61/4 wks
W16-4052	3/7-3/28	3:30-5:30p	Mon	PP	12-18	\$61/4 wks

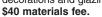
#### **Painting Pottery/Ceramics Art for Kids**

Teaches children painting-pottery concepts and techniques while introducing them to many different kinds of art materials. \$30 materials fee Instructor: Paint 'n' Play Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4205	1/8-1/22	3:45-5p	Fri	PP	6+	\$77/3 wks
W16-4206	1/29-2/12	3:45-5p	Fri	PP	6+	\$77/3 wks
W16-4207	2/19-3/4	3:45-5p	Fri	PP	6+	\$77/3 wks

#### "Club-Mud" Clay Hand Building and **Potter's Wheel Workshop**

For students who want to learn how to "throw" on the potter's wheel and who are still developing throwing skills. Learn how to center the clay on the wheel, make basic forms and how to finish work with decorations and glazing techniques.



Instructor: Paint 'n' Play Staff



#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4208	1/7-1/21	3:30-5:30p	Thu	PP	8+	\$147/3 wks
W16-4209	1/28-2/11	3:30-5:30p	Thu	PP	8+	\$147/3 wks
W16-4210	2/18-3/3	3:30-5:30p	Thu	PP	8+	\$147/3 wks

#### **Chinese Brush Painting**

An easy to learn skill that every child can enjoy. Using rice paper and Chinese brush, create beautiful artwork that is worthy of framing. Begins with basic concept; after a few lessons the only limit is your imagination.

#### \$40 materials fee

Instructor: Mandy Lin

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4365	1/4-3/14	3:30-4:30p	Mon	USAD	6-12	\$72/10 wks
W16-4366	1/4-3/14	4:30-5:30n	Mon	USAD	6-12	\$72/10 wks

#### **Mad Science**

#### "Fun"- damentals of Science!

A fun, captivating assortment of Mad Science classes! Blend colors together, split up the rainbow, and see why lasers are so a-maze-ing. Hunt for hidden animals and minerals as we explore our earth and the animals that inhabit it. Learn the fundamentals of flight and build your very own glider. You will be a Top Gun in no time! Finally, transform the classroom into a crime lab to collect fingerprints and other clues to learn how science is used to solve real crimes! \$30 materials fee.

**Instructor:** Mad Science Scientists

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2015	1/20-3/23 no class 2/24, 3/2	4-5p	Wed	MEC	5-6	\$122/8 wks
W16-2016	1/20-3/23 no class 2/24, 3/2,	5:15-6:15p	Wed	MEC	7-11	\$122/8 wks



#### **Lego Brixology - NEW!!**

This captivating new program uses Lego bricks and customized builds designed with a Lego Certified Designer to teach children all about engineering in a fun and engaging way! \$30 materials fee.

Instructor: Mad Science Scientists

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2017	1/19-3/22 no class 2/23, 3/1	4-5p	Tue	MEC	7-11	\$122/8 wks
W16-2018	1/19-3/22 no class 2/23, 3/1	5:15-6:15p	Tue	MEC	7-11	\$122/8 wks

#### **Dance**

#### **Hip Hop Jazz**

Learn Hip-Hop Jazz moves to the latest music in a traditional dance class setting. Learn new technique and skills as well as a fun routine which will be performed on the last day of class during a recital.

Instructor: Bronte Grant

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4107	1/21-3/17	4:15-5:15p	Thu	CCBall	7-14	\$74/9 wks



#### **Beginning Tap**

Learn beginner tap moves in a traditional dance class setting. The course will teach a new technique and skill in a fun routine performed on the last day of class. Students must have tap shoes.

**Instructor:** Bronte Grant

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4108	1/21-3/17	5:15-5:45p	Thu	CCBall	7+	\$65/9 wks

#### **Creative Dance and Youth Jazz**

An opportunity to introduce dance movement to kids where we laugh and play as we learn coordination, rhythm and choreography. Through fun exercise, we stretch our imaginations and bodies. Small recital held on last day of class. Ballet or jazz shoes are highly encouraged.

Instructor: Ashley O'Connell

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4196	1/13-3/2	4-4:45p	Wed	CCDR	4+	\$69/8 wks

<sup>\*</sup>Must be potty trained and visitors welcome during first and last lesson only.

#### **Ballet and Tap**

Beginning ballet and tap is taught in a fun, encouraging environment where kids will learn while they play. We cover the basics of ballet and tap, classroom etiquette and working together with friends. Small recital held on last day of class. Ballet and tap shoes are required.

Instructor: Ashley O'Connell

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
W16-4197	1/12-3/1	4-4:45p	Tue	CCBall	3-4	\$69/8 wks			
W16-4198	1/12-3/1	4:45-5:30p	Tue	CCBall	5-8	\$69/8 wks			
Vicitore v	Visitors walcome during first and last lesson only								



#### **Intermediate Ballet and Tap**

Designed to teach more steps and dance pieces while covering more than the basics. Must have taken prior ballet and tap classes. Small recital held on last day of class. Ballet and tap shoes are required.

Instructor: Ashley O'Connell

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4199	1/13-3/2	4:45-5:30p	Wed	CCBall	5+	\$69/8 wks	
Visitors welcome during first and last lesson only.							

#### **Ballet® Dance Class**

Annual Performance March 12! Learn the fundamentals of this classic and timeless dance style. Ballet shoes are required and a \$25 costume rental. Instructor: Patricia Kyle

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE		
W16-4155	1/9-3/12	11-11:30a	Sat	CCDR	6-12	\$72/10 wks		
Visitors walcome during first lesson only								

#### **Classical Ballet**

Classical Ballet is the foundation of all dance forms and adds a beautiful richness to all other art forms, which would never be obtained without Classical Ballet. Uses both Russian Vagonova and Balanchine ballet styles. **Instructors:** Shelly and Stacy Kirkland

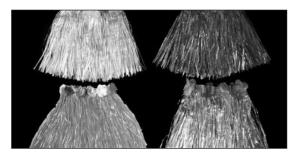
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4094	1/6-2/3	4:30-5:30p	Wed	CCDR	5-12	\$37/5 wks
W16-4095	2/17-3/16	4:30-5:30p	Wed	CCDR	5-12	\$37/5 wks

#### The Art of Hula - Hawaiian Dance

Students will learn hula, as well as Hawaiian culture and language. Hawaiian names for basic hula steps, hand motions, hula etiquette and protocols will be taught.

Instructor: Mikilani Young, Kumu Hula

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE		
BEGINNER (Must be taken for a minimum of 8 weeks before moving to the intermediate course.)								
W16-4331	1/13-2/10	6-6:30p	Wed	CCBall	4-10	\$52/4 wks		
W16-4335	1/13-2/10	7:30-8:30p	Wed	CCBall	13+	\$62/4 wks		
W16-4332	2/17-3/16	6-6:30p	Wed	CCBall	4-10	\$52/4 wks		
W16-4336	2/17-3/16	7:30-8:30p	Wed	CCBall	13+	\$62/4 wks		
INTERME	DIATE (Only for students that ha	ve taken the Begir	ning cour	se for at l	east 8 we	eks.)		
W16-4333	1/13-2/10	6:30-7:30p	Wed	CCBall	4-10	\$62/4 wks		
W16-4337	1/13-2/10	8:30-9:45p	Wed	CCBall	13+	\$67/4 wks		
W16-4334	2/17-3/16	6:30-7:30p	Wed	CCBall	4-10	\$62/4 wks		
W16-4338	2/17-3/16	8:30-9:45p	Wed	CCBall	13+	\$67/4 wks		



#### **Beginning Salsa**

For the beginner as well as those that want to polish their moves and learn a variety of footwork and combinations with a clean and sharp technique that most other salsa instructors bypass. Wear leather-soled shoes and comfortable clothes.

Instructors: Dorothy Tsu and Moses Navarro

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4217	1/7-3/17 no class 3/10	8:30-9:30p	Thu	CCBall	14+	\$82/10 wks	

#### **Intermediate Salsa**

Learn more impressive steps and combinations, spins and double turns, faster pace and fancy moves. Covers other latin dances such as; Bachata, true Latin Cha Cha Cha (the way Latinos dance it, not the ballroom way) and Merengue.

Instructors: Dorothy Tsu and Moses Navarro

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4218	1/5-3/15	8:30-9:30p	Tue	CCBall	14+	\$90/11 wks

#### **Youth Enrichment**

#### **Baton/Cheer/Drill**

Show your spirit! Learn to twirl, march and cheer. Fun preparation for jr. high and high school activities. Students need to bring their own baton to class. **Instructor:** Patricia Kyle

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4156	1/9-3/12	11:30a-12p	Sat	CCDR	4-10	\$72/10 wks

#### **Fun with Animation**

Students learn the basic principles of animation, as well as the different methodology, history and techniques, to put together a fun and exciting animated story. Students will create their own story and animation, edit and compile into an animation short.

Instructor: Hock Wong

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4368	1/9-2/27	2:30-4:30p	Sat	LN	9-14	\$252/8 wks

### TH CLASSES

#### **Magic for Youth**

This totally awesome class covers the basics of magic and sleight of hand with an emphasis on practical effects that you can do with common objects around your house! Amaze your friends and family with seemingly impossible feats! \$10 materials fee covers a workbook

and playing cards.

Instructor: Devin Thomas Measom

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4159	1/7-2/11	3:30-4:20p	Thu	CCBill	8+	\$74/6 wks
W16-4160	2/18-3/17	3:30-4:20p	Thu	CCBill	8+	\$62/5 wks

#### **Chess for Youth**

Chess is the world's best strategy game and it's easy to learn and super FUN to play! It also facilitates cognitive development and improves memory. In this six-week course, beginners learn the basics, while intermediate players learn advanced strategies and tactics. Chess sets provided. Instructor: Devin Thomas Measom

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4161	1/7-2/11	4:30-5:30p	Thu	CCBill	8+	\$74/6 wks
W16-4162	2/18-3/17	4:30-5:30p	Thu	CCBill	8+	\$62/5 wks



#### **Acting and Improvisation**

Think on your feet while learning improvisation, public speaking and performance skills. Learn to improve creativity, problem solving, group social skills, self-confidence and communication skills in this exciting performance based class. There will be a presentation on the last day of class. Instructor: Melinda Milton

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
W16-4171	1/11-3/7 no class 2/15	5:15-6:15p	Mon	CCDR	5-8	\$58/8 wks			
W16-4172	1/11-3/7 no class 2/15	6:30-7:30p	Mon	CCDR	9-14	\$58/8 wks			
Parents welcome for first class.									

#### **Project Runway Kids**

Learn to operate a sewing machine as well as basic seams and hand-sewing techniques. Make an apron, a simple stuffed animal and returning students will learn more advanced projects. All fabrics and patterns are provided. Students must provide sewing machine and basic sewing kit. \$15 materials fee/4 weeks.

Instructor: Diana Aria Burkhammer, California Credentialed Fashion Design Teacher

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-2000	1/8-1/29	4-5p	Fri	MEC	8-18	\$57/4 wks	
W16-2001	2/19-3/11 no class 10/30	4-5p	Fri	MEC	8-18	\$57/4 wks	

#### **ABCs of Children Managing Money**

To have financially successful children, sign them up for this fun and interactive workshop! Covers the principles of money using short stories and crafts; how to earn, save, give and spend. \$12 materials fee Instructor: Sensei Gilliland

DATES PLACE YEARS FEE DAY(S) W16-4011 1/15 \$22/1 day 5:30-7:30p CCCR 6-12



#### **Public Speaking for Kids: Fun with Debate**

A fun learning experience in debate, focusing on critical thinking and problem solving skills. Learn to be a powerful and passionate speaker. Defend your point of view supported with convincing evidence. Emphasis on delivering a strong, clear message to the audience. Inspires children to love speech/debate and develop self motivation to join future leadership roles in Speech/Debate Teams, Student Councils, and Academic Teams. \$15 materials fee

Instructor: Cindy Ong, USC BArch, Director of RTW Kids Public Speaking

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4186	1/4-2/1	4-5p	Mon	CCBall	7-12	\$85/5 wks

#### **Public Speaking for Kids: Improv Leadership**

Join our 1st place STATE Competition Team which earned the 5th highest score in the Destination Imagination Global Competition. Build confidence, leadership, and strong communication skills. Develop comfort while speaking in front of an audience, such as in interviews, live performances, or leading a team meeting. Learn to be assertive, vocal and voice your opinions in a small team. Think fast, be creative, and deliver a clear message in under five minutes. \$15 materials fee

Instructor: Cindy Ong, USC BArch Director of RTW Kids Public Speaking

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4184	1/4-2/1	5-6p	Mon	CCBall	7-12	\$85/5 wks



#### **BERLITZ - Beginning Mandarin for Kids**

Berlitz is the world's premier provider of language and cultural programs, with over 135 years of experience. Class meets once a week to teach Mandarin in a fast, effective way. Students are immersed in engaging, fun, real-life situations. New students only: \$25 material fee

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4009	1/12-2/2	4-6p	Tue	CCBill	5-8	\$122/4 wks
W16-4010	2/16-3/8	4-6p	Tue	CCBill	5-8	\$122/4 wks

#### Cooking

#### **Fun with Cooking**

This is a hands on cooking class where kids will learn kitchen basics and explore different flavors. Children need to bring an apron and container. No refunds on food and material fees. \$40 materials fee

Instructor: Ricky Ramirez, Graduate of Le Cordon Bleu College of Culinary Arts

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4349	1/4-2/1	5:15-6:30p	Mon	CCK	8-12	\$52/5 wks
W16-4350	2/8-3/14 no class 2/15	5:15-6:30p	Mon	CCK	8-12	\$52/5 wks
W16-4351	1/5-2/2	5:15-6:30p	Tue	CCK	8-12	\$52/5 wks
W16-4352	2/9-3/15 no class 2/16	5:15-6:30p	Tue	CCK	8-12	\$52/5 wks



#### **Baking for Kids**

Kids will love this fun class where they can create their own delicious baked masterpiece, discover new ingredients and learn the fundamentals of baking. Bring an apron and container. \$40 materials fee

Instructor: Mayra Mendoza, Graduate of Le Cordon Bleu College of Culinary Arts

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4163	1/6-2/3	4-5:30p	Wed	CCK	4-14	\$52/5 wks
W16-4164	2/10-3/16 no class 3/9	4-5:30p	Wed	CCK	4-14	\$52/5 wks
W16-4165	1/7-2/4	4-5:30p	Thu	CCK	4-14	\$52/5 wks
W16-4166	2/11-3/17 no class 3/10	4-5:30p	Thu	CCK	4-14	\$52/5 wks

#### Music

#### **Youth Voice Class**

Learn the fundamentals of excellent singing to gain vocal power, range, pitch and rhythmic skills. Musical, vocal, social skills and language are addressed. Parents are welcome to observe classes, including an informal performance for family and friends in the final class.

Instructor: Judith Townsend

Instructor: Emily Chang

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4215	1/12-2/16	4-4:40p	Tue	CCBall	5-8	\$44/6 wks
W16-4216	1/12-2/16	4:45-5:30p	Tue	<b>CCBall</b>	9-12	\$44/6 wks

#### **Youth Piano**

Learn to play various musical styles from the beginning! Bring a black and a red pen, and a parent is needed. If you have any questions, Email: kindermusikwithmsemily@gmail.com \$15 materials fee

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4064	1/21-3/17 no class 2/4, 2/11 & 3/10	4-4:45p	Thu	CCBall	5-6	\$71/6 wks
W16-4065	1/21-3/17 no class 2/4, 2/11 & 3/10	4:50-5:35p	Thu	CCBall	7-14	\$71/6 wks

#### **Guitar**

**Level A** - Learn all open position chords, begin to read music and tablature and start learning a repertoire of songs.

**Level B** - A continuation of Level A class. Learn the bar chord, strumming patterns, and begin finger picking techniques. Mastery of Level A class required.

**Level C** - Learn fretboard theory, scales and modes, blues, improvisation, and continue working on repertoire.

#### \$25 materials fee - All levels for the class book.

Instructor: Matt Lake, Masters in Music

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2012	1/4-3/14 no class 2/15	6:30-7:30p	Mon	MEC	12+/A	\$102/10 wks
W16-2013	1/4-3/14 no class 2/15	7:30-8:15p	Mon	MEC	12+/B	\$102/10 wks
W16-2014	1/4-3/14 no class 2/15	8:15-9p	Mon	MEC	12+/C	\$102/10 wks

#### Flute

Learn to play the flute in a supportive and encouraging group setting. As students progress, they will practice, play and perform a wide variety of familiar songs. Instruments may be purchased or rented from Arcadia Music. \$25 materials fee.

Instructor: Arcadia Music Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4100	1/9-2/6	3-3:50p	Sat	AM	8+	\$87/5 wks
W16-4101	2/13-3/12	3-3:50p	Sat	AM	8+	\$87/5 wks

#### **Clarinet**

Learn to play the clarinet in a supportive and encouraging group setting. As students progress, they will practice, play and perform a wide variety of familiar songs. Instruments may be purchased or rented from Arcadia Music. \$25 materials fee.

Instructor: Arcadia Music Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4102	1/7-2/4	7-7:50p	Thu	AM	10+	\$87/5 wks
W16-4103	2/11-3/10	7-7:50p	Thu	AM	10+	\$87/5 wks

#### **Beginning Drums**

Students will learn a fun, yet disciplined approach to drumming. Students MUST bring a 12" Vic Firth practice pad and size 5B Promark drum sticks to class. Please visit www.drumminguncut.com or call 213.446.6944 for more information on purchasing or renting equipment. \$9 materials fee Instructor: Jason Blair

# DATES TIME DAY(S) PLACE YEARS FEE
W16-4096 1/11-3/7 no class 2/15 5:30-6:30p Mon CCBill 6-12 \$47/8 wks



#### Music 'N' Motion Classes

#### **Beginning Group Piano**

Group piano classes are offered with a foundation for music theory and a basic concept of reading music to build that foundation. Classes are taught in a group setting with up to eight students. Each student is provided with their own keyboards to use for class. \$25 materials fee

Instructor: Kids Music 'N' Motion Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4140	1/9-2/6	10-10:45a	Sat	CCBill	4-6	\$72/5 wks
W16-4142	1/9-2/6	10:45-11:30a	Sat	CCBill	7-10	\$72/5 wks
W16-4141	2/20-3/19	10-10:45a	Sat	CCBill	4-6	\$72/5 wks
W16-4143	2/20-3/19	10:45-11:30a	Sat	CCBill	7-10	\$72/5 wks



#### **Beginning Violin**

Students learn posture, rhythm and bowing while building a concrete foundation for learning to read music. Basic technique and music theory will be taught in this class. Students must provide their own violin for class which they may purchase from Kids Music 'N' Motion or an outside source.

#### \$25 materials fee

Instructor: Kids Music 'N' Motion Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4144	1/9-2/6	2-2:45p	Sat	CCBill	5-9	\$72/5 wks
W16-4145	2/20-3/19	2-2:45p	Sat	CCBill	5-9	\$72/5 wks



#### **Beginning Ukulele**

Learn basic strumming and chords along with reading of the treble clef. Classes are in a group setting and students must provide own ukulele for class which they may purchase from Kids Music 'N' Motion or an outside source. \$25 materials fee

Instructor: Kids Music 'N' Motion Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4357	1/9-2/6	3-3:45p	Sat	CCBill	5-9	\$72/5 wks
W16-4358	2/20-3/19	3-3:45p	Sat	CCBill	5-9	\$72/5 wks

#### **Martial Arts**

#### Ju-Jits

Instruction includes karate, joint locking, mat holds, chokes, strangles, throwing and more. This class is geared for people who want practical techniques for any situation. Uniforms (not required) may be purchased via the instructor. Parents must attend the start of the first class to sign the Instructor's Liability Release for those under 18 years of age.

Instructor: Alan Whitaker

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4225	1/5-3/15	6:30-8p	Tue	CCBall	10+	\$67/11 wks

#### **360 Martial Arts Academy**

Karate offers an excellent physical and mental workout, increasing ones coordination and flexibility. Our well-rounded curriculum includes self-defense, grappling, katas and weaponry. Whether your goal is to build self-confidence, increase strength or just have fun, this class has something for the whole family. Material and testing fees may be applied.

Instructor: Sensei Gilliland and Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE		
W16-4001	1/6-3/16 no class 1/13, 2/10, 3/9	4:30-5:15p	Wed	CCBall	5-8	\$42/8 wks		
W16-4004	1/6-3/16 no class 1/13, 2/10, 3/9	5:15-6:15p	Wed	CCBall	9+	\$42/8 wks		
Visitors	Visitors welcome during first and last lesson only.							

#### Tai Chi for Youth

Master Chien is the founder of Kinetic Tai Chi and 2014 Kung Fu Master. Learn first-hand knowledge of striking, throwing and submission techniques. Coupling this advanced physical routine with Tai Chi's rich philosophy and thinking. Participants will achieve the ultimate goal of "soft as silk and hard as steel." Uniforms are required and can be purchased from the instructor. Instructor: Grandmaster Arnold Chien

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4084	1/27-3/16	4:10-5:10p	Wed	CCBall	7-11	\$81/8 wks
W16-4085	1/27-3/16	5:15-6:15p	Wed	CCBall	12+	\$81/8 wks

#### Tai Chi Mixed Martial Arts (MMA)

Well-rounded training sessions include striking, throwing, submission and apply MMA's full contact rules when sparring. Master Chien's heavy focus on the principle of softness to conquer hardness has helped students to achieve not only beyond the physical limitation, but the mental as well, thereby reaching the ultimate level of "soft as silk and hard as steel." Grappling uniform and sparring gear are required and may be purchased from the instructor.

Instructor: Grandmaster Arnold Chien

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4086	1/27-3/16	6:20-7:20p	Wed	CCBall	All ages	\$81/8 wks	
W16-4087	1/27-3/16	7:25-8:25p	Wed	CCBall	Adv sparrring	\$81/8 wks	



#### **Youth Karate**

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self control, fitness, balance and coordination all while participating in a kid-friendly environment. Includes a free uniform for first time attendees.

Instructor: Champions Karate Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4114	1/4-3/14	5-5:45P	Mon	CK	5-12	\$189/11 wks
W16-4115	1/4-3/14	7-7:45p	Mon	CK	5-12	\$189/11 wks
W16-4116	1/5-3/15	4-4:45p	Tue	CK	5-12	\$189/11 wks
W16-4117	1/5-3/15	6-6:45p	Tue	CK	5-12	\$189/11 wks
W16-4118	1/6-3/16	5-5:45P	Wed	CK	5-12	\$189/11 wks
W16-4119	1/6-3/16	7-7:45p	Wed	CK	5-12	\$189/11 wks
W16-4120	1/7-3/17	4-4:45p	Thu	CK	5-12	\$189/11 wks
W16-4121	1/7-3/17	6-6:45p	Thu	CK	5-12	\$189/11 wks
W16-4122	1/9-3/19	10-10:45a	Sat	CK	5-12	\$189/11 wks

#### **Youth Sports**

#### "Fit, Fun and Run" Youth Running Camp - Returning in the spring

#### **Outdoor Total Body Bootcamp - Returning in the spring**

#### **Gymnastics**

Come develop strength, coordination, flexibility and rhythm through progressive gymnastic skills.

Instructor: Charter Oaks Gymnastics Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
KIDDIE G	YMNASTICS I					
W16-4072	1/5-2/2	5:30-6:10p	Tue	CCBall	4-5	\$50/5 wks
W16-4073	1/8-2/5	4:45-5:25p	Fri	CCDR	5-6	\$50/5 wks
W16-4074	2/16-3/15	5:30-6:10p	Tue	CCBall	4-5	\$50/5 wks
W16-4075	2/19-3/18	4:45-5:25p	Fri	CCDR	5-6	\$50/5 wks
W16-4076	1/7-2/3	4:15-4:55p	Thu	CCBall	5-7	\$50/5 wks
W16-4077	2/11-3/17 no class 3/10	4:15-4:55p	Thu	CCBall	5-7	\$50/5 wks
KIDDIE G	YMNASTICS II					
W16-4078	1/7-2/3	5-5:40p	Thu	CCBall	5-7	\$50/5 wks
W16-4079	2/11-3/17 no class 3/10	5-5:40p	Thu	CCBall	5-7	\$50/5 wks
<b>BEGINNIN</b>	IG GYMNASTICS					
W16-4080	1/7-2/3	5:45-6:25p	Thu	CCBall	8-13	\$50/5 wks
W16-4081	2/11-3/17 no class 3/10	5:45-6:25p	Thu	CCBall	8-13	\$50/5 wks

#### **Junior Golf**

Introductory course designed for the new junior golfer who will be taught golf basics such as posture, grip, stance and full swing. The skills of putting and chipping will also be covered. Classes are divided into two parts: first 30 minutes is an optional warm-up with games and contests to work on putting skills. The second 30 minutes is the actual lesson time.

Instructor: Arcadia Par 3 Staff



#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
SESSIC	ON 1					
W16-4017	1/3-1/240	12-1p	Sun	APGC	7-15	\$71/4 wks
W16-4018	1/5-1/26	4-5p	Tue	APGC	7-15	\$71/4 wks
W16-4019	1/6-1/27	4-5p	Wed	APGC	7-15	\$71/4 wks
W16-4020	1/7-1/28	4-5p	Thu	APGC	7-15	\$71/4 wks
W16-4021	1/9-1/30	12-1p	Sat	APGC	7-15	\$71/4 wks
SESSIC	ON 2					
W16-4022	1/31-2/21	12-1p	Sun	APGC	7-15	\$71/4 wks
W16-4023	2/2-2/23	4-5p	Tue	APGC	7-15	\$71/4 wks
W16-4024	2/3-2/24	4-5p	Wed	APGC	7-15	\$71/4 wks
W16-4025	2/4-2/25	4-5p	Thu	APGC	7-15	\$71/4 wks
W16-4026	2/6-2/27	12-1p	Sat	APGC	7-15	\$71/4 wks
SESSIC	ON 3					
W16-4027	2/28-3/20	12-1p	Sun	APGC	7-15	\$71/4 wks
W16-4028	3/1-3/22	4-5p	Tue	APGC	7-15	\$71/4 wks
W16-4029	3/2-3/23	4-5p	Wed	APGC	7-15	\$71/4 wks
W16-4030	3/3-3/24	4-5p	Thu	APGC	7-15	\$71/4 wks
W16-4031	3/5-3/26	12-1p	Sat	APGC	7-15	\$71/4 wks

#### Soccer

#### KIDZ LOVE SOCCER CLASSES

Rain-out Hotline: 888.372.5803 All participants will receive a Kidz Love Soccer jersey. Shin guards are required after the first meeting.

#### **Soccer 1 - Techniques and Teamwork**

Learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet.

Instructor: Kidz Love Soccer Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-9193	1/27-3/16	3:30-4:15p	Wed	CCAF	5-6	\$98/8 wks

#### **Soccer 2 - Skillz and Scrimmages**

Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist.

Instructor: Kidz Love Soccer Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-9194	1/27-3/16	4:15-5p	Wed	CCAF	7-10	\$98/8 wks

#### Tennis

#### **Youth Tennis Clinic**

Students learn basic grips, ground strokes, serves, footwork and hand-eye coordination. Students must provide their own racquet and can of balls.

Instructor: Danny Cook

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4088 Beg	1/9-3/19	9-10:30a	Sat	AHS	8-17	\$112/11 wks
W16-4089 Adv	1/9-3/19	10:30a-12p	Sat	AHS	8-17	\$112/11 wks

#### **Junior Tennis Drill Clinic**

This class is geared towards the Intermediate/Advanced player, where they will experience competition, group drills and games, match play, developing game strategies while expanding on the students' personal techniques in preparation for participation in the USTA Junior Tennis Team.

**Instructor:** Danny Cook

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#	DATES	II	ME DAY	(S) PLAC	E YEARS	FEE
W15-4090	1/9-3/19	3	-4:30n Sat	CG	8-17	\$112/11 wks

#### **Beginner Youth Tennis**

For the student who already knows how to hit the ball but wants some help on perfecting their techniques. Strokes, such as the overhead smash will be taught and reviewed. Being consistent is the basis of a beginning tennis player. **\$10 materials fee** 

Instructor: Coach Jonathan Nam

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4175	1/5-3/17	6-7p	Tue/Thu	ВС	10+	\$212/11 wks



#### **Advanced Beginner Youth Tennis**

For the student who already knows how to hit the ball but wants some help on perfecting their techniques. Strokes, such as the overhead smash will be taught and reviewed. Being consistent is the basis of a beginning tennis player; however, students in this intermediate class will learn the next level of tennis which consists of control and ball placement.

\$10 materials fee

Instructor: Coach Jonathan Nam

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4176	1/6-3/16	6-7p	Wed	BC	10+	\$112/11 wks
W16-4177	1/6-3/18	6-7p	Wed/Fri	BC	10+	\$222/11 wks
W16-4178	1/8-3/18	6-7p	Fri	BC	10+	\$112/11 wks

#### **Junior Tennis Academy - Beginning**

The focus of this academy is on learning the four major strokes of the game in a fun filled, fitness-friendly atmosphere. Students will work to establish form on the forehand, backhand, volley and serve. There are three mastery levels in this group, much like the belt system in martial arts, that students will be tested on for progress. Beginners over the age of 13 should start in the Junior Tennis Academy-Intermediate to Advanced. Visit our website at www.tennisanyone.info

Instructor: Tennis Anyone Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
SESSIC	ON 1					
W16-4235	1/5-1/26	6-7:30p	Tue	AHS	7-13	\$75/4 wks
W16-4236	1/7-1/28	6-7:30p	Thu	AHS	7-13	\$75/4 wks
W16-4237	1/9-1/30	9-10:30a	Sat	AHS	7-13	\$75/4 wks
Сомво	CLASSES					
W16-4238	1/5-1/28	6-7:30p	Tue/Thu	AHS	7-13	\$105/4 wks
W16-4239	1/5-1/30	6p & 9a	Tue/Sat	AHS	7-13	\$105/4 wks
W16-4240	1/7-1/30	6p & 9a	Thu/Sat	AHS	7-13	\$105/4 wks
W16-4241	1/5-1/30	6p & 9a	Tue/Thu/Sat	AHS	7-13	\$135/4 wks
SESSIC	ON 2					
W16-4242	2/2-2/23	6-7:30p	Tue	AHS	7-13	\$75/4 wks
W16-4243	2/4-2/25	6-7:30p	Thu	AHS	7-13	\$75/4 wks
W16-4244	2/6-2/27	9-10:30a	Sat	AHS	7-13	\$75/4 wks
Сомво	CLASSES					
W16-4245	2/2-2/25	6-7:30p	Tue/Thu	AHS	7-13	\$105/4 wks
W16-4246	2/2-2/27	6p & 9a	Tue/Sat	AHS	7-13	\$105/4 wks
W16-4247	2/4-2/27	6p & 9a	Thu/Sat	AHS	7-13	\$105/4 wks
W16-4248	2/2-2/27	6p & 9a	Tue/Thu/Sat	AHS	7-13	\$135/4 wks
SESSIC	<u>ON 3</u>					
W16-4249	3/1-3/22	6-7:30p	Tue	AHS	7-13	\$75/4 wks
W16-4250	3/3-3/24	6-7:30p	Thu	AHS	7-13	\$75/4 wks
W16-4251	3/5-3/26	9-10:30a	Sat	AHS	7-13	\$75/4 wks
Сомво	CLASSES					
W16-4252	3/1-3/24	6-7:30p	Tue/Thu	AHS	7-13	\$105/4 wks
W16-4253	3/1-3/26	6p & 9a	Tue/Sat	AHS	7-13	\$105/4 wks
W16-4254	3/3-3/26	6p & 9a	Thu/Sat	AHS	7-13	\$105/4 wks
W16-4255	3/1-3/26	6p & 9a	Tue/Thu/Sat	AHS	7-13	\$135/4 wks

#### Junior Tennis Academy - Intermediate/Advanced

For students that have either attained all three mastery levels in the Beginning Academy or are coming in with proper form on the major tennis strokes. The focus is on building stroke dependability so that students are able to rally with proper form. This is a high energy, dynamic, challenging tennis program designed to bring students to a level where they have the tools to start playing matches. There are five mastery levels in this group, much like the belt system in martial arts that students will be tested on for progress. Beginners over the age of 13 should start in this group.

Instructor: Tennis Anyone Staff

mstruc	instructor: Tennis Anyone Stan								
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
SESSIC	ON 1								
W16-4256	1/5-1/26	7:30-9p	Tue	AHS	7-17	\$75/4 wks			
W16-4257	1/7-1/28	7:30-9p	Thu	AHS	7-17	\$75/4 wks			
W16-4258	1/9-1/30	10:30a-12p	Sat	AHS	7-17	\$75/4 wks			
Сомво	CLASSES								
W16-4259	1/5-1/28	7:30-9p	Tue/Thu	AHS	7-17	\$105/4 wks			
W16-4260	1/5-1/30	7:30p & 10:30a	Tue/Sat	AHS	7-17	\$105/4 wks			
W16-4261	1/7-1/30	7:30p & 10:30a	Thu/Sat	AHS	7-17	\$105/4 wks			
W16-4262	1/5-1/30	7:30p & 10:30a	Tue/Thu/Sat	AHS	7-17	\$135/4 wks			
SESSIC	<u>ON 2</u>								
W16-4263	2/2-2/23	7:30-9p	Tue	AHS	7-17	\$75/4 wks			
W16-4264	2/4-2/25	7:30-9p	Thu	AHS	7-17	\$75/4 wks			
W16-4265	2/6-2/27	10:30-12p	Sat	AHS	7-17	\$75/4 wks			
Сомво	CLASSES								
W16-4266	2/2-2/25	7:30-9p	Tue/Thu	AHS	7-17	\$105/4 wks			
W16-4267	2/2-2/27	7:30p & 10:30a	Tue/Sat	AHS	7-17	\$105/4 wks			
W16-4268	2/4-2/27	7:30p & 10:30a	Thu/Sat	AHS	7-17	\$105/4 wks			
W16-4269	2/2-2/27	7:30p & 10:30a	Tue/Thu/Sat	AHS	7-17	\$135/4 wks			
SESSIC	ON 3								
W16-4270	3/1-3/22	7:30-9p	Tue	AHS	7-17	\$75/4 wks			
W16-4271	3/3-3/24	7:30-9p	Thu	AHS	7-17	\$75/4 wks			
W16-4272	3/5-3/26	10:30-12p	Sat	AHS	7-17	\$75/4 wks			
Сомво	CLASSES								
W16-4273	3/1-3/24	7:30-9p	Tue/Thu	AHS	7-17	\$105/4 wks			
W16-4274	3/1-3/26	7:30p & 10:30a	Tue/Sat	AHS	7-17	\$105/4 wks			
W16-4275	3/3-3/26	7:30p & 10:30a	Thu/Sat	AHS	7-17	\$105/4 wks			
W16-4276	3/1-3/26	7:30p & 10:30a	Tue/Thu/Sat	AHS	7-17	\$135/4 wks			

#### **Future Tennis Star Player's Package**

The Player's Package is for students that want it all and at a discounted rate. These students will experience the benefit of being in two days a week of the larger academy classes where they can work on drills available only in those clinics as well as participate in one Small Group Tennis Clinic per week where they will get much more focus on the details of their games.

Instructor: Tennis Anyone Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W15-4325	1/5-1/30	Pick Combo	Tue/Thu/Sat	AHS	7-17	\$171/4 wks
W15-4326	2/2-2/27	Pick Combo	Tue/Thu/Sat	AHS	7-17	\$171/4 wks
W15-4327	3/1-3/26	Pick Combo	Tue/Thu/Sat	AHS	7-17	\$171/4 wks



#### **Private Individual/Group Tennis Lessons**

This is a private lesson or private group lesson designed and created to give special attention to the tennis sport with one-on-one attention. For more information regarding this private lesson please contact Coach Nam directly at 626.318.5383.

Instructor: Coach Jonathan Nam

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4179 Group	1/4-3/14	6-7p	Mon	BC	10+	\$102/11 wks
W16-4180 Private	1/8-3/18	7:15-8:15p	Fri	BC	10+	\$442/11 wks
W16-4369 Private	1/8-3/18	5-6p	Fri	BC	10+	\$442/11 wks



#### **Small Group Tennis Clinic**

These groups are for two to four students interested in learning in a more intimate setting. Small Group students enjoy the benefit of a more focused class, where players are grouped by level and work on skills appropriate for that level.

Instructor: Tennis Anyone Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
<b>SESSION 1</b>						
W16-4277 Beg/Int	1/5-1/26	5:45-6:45p	Tue	AHS	7-17	\$99/4 wks
W16-4278 Int/Adv	1/5-1/26	6:45-7:45p	Tue	AHS	7-17	\$99/4 wks
W16-4279 Beg/Int	1/7-1/28	5:45-6:45p	Thu	AHS	7-17	\$99/4 wks
W16-4280 Int/Adv	1/7-1/28	6:45-7:45p	Thu	AHS	7-17	\$99/4 wks
W16-4281 All	1/9-1/28	8-9a	Sat	AHS	7-17	\$99/4 wks
W16-4282 All	1/9-1/28	12-1p	Sat	AHS	7-17	\$99/4 wks
COMBO CLASS	SES					
W16-4283 Beg/Int	1/5-1/28	5:45-6:45p	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4284 Int/Adv	1/5-1/28	6:45-7:45p	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4285 Beg/Int	1/5-1/30	5:45p & 8a	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4286 Beg/Int	1/5-1/30	5:45p & 12p	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4287 Int/Adv	1/5-1/30	6:45p & 8a	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4288 Int/Adv	1/5-1/30	6:45p & 12p	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4289 Beg/Int	1/7-1/30	5:45p & 8a	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4290 Beg/Int	1/7-1/30	5:45p & 12p	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4291 Int/Adv	1/7-1/30	6:45p & 8a	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4292 Int/Adv	1/7-1/30	6:45p & 12p	Thu/Sat	AHS	7-17	\$179/4 wks
<b>SESSION 2</b>						
W16-4293 Beg/Int	2/2-2/23	5:45-6:45p	Tue	AHS	7-17	\$99/4 wks
W16-4294 Int/Adv	2/2-2/23	6:45-7:45p	Tue	AHS	7-17	\$99/4 wks
W16-4295 Beg/Int	2/4-2/25	5:45-6:45p	Thu	AHS	7-17	\$99/4 wks
W16-4296 Int/Adv	2/4-2/25	6:45-7:45p	Thu	AHS	7-17	\$99/4 wks
W16-4297 All	2/6-2/27	8-9a	Sat	AHS	7-17	\$99/4 wks
W16-4298 All	2/6-2/27	12-1p	Sat	AHS	7-17	\$99/4 wks
COMBO CLASS	SES					
W16-4299 Beg/Int	2/2-2/25	5:45-6:45p	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4300 Int/Adv	2/2-2/23	6:45-7:45p	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4301 Beg/Int	2/2-2/27	5:45p & 8a	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4302 Beg/Int	2/2-2/27	5:45p & 12p	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4303 Int/Adv	2/2-2/27	6:45p & 8a	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4304 Int/Adv	2/2-2/27	6:45p & 12p	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4305 Beg/Int	2/4-2/27	5:45p & 8a	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4306 Beg/Int	2/4-2/27	5:45p & 12p	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4307 Int/Adv	2/4-2/27	6:45p & 8a	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4308 Int/Adv	2/4-2/27	6:45p & 12p	Thu/Sat	AHS	7-17	\$179/4 wks

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
<b>SESSION 3</b>						
W16-4309 Beg/Int	3/1-3/22	5:45-6:45p	Tue	AHS	7-17	\$99/4 wks
W16-4310 Int/Adv	3/1-3/22	6:45-7:45p	Tue	AHS	7-17	\$99/4 wks
W16-4311 Beg/Int	3/3-3/24	5:45-6:45p	Thu	AHS	7-17	\$99/4 wks
W16-4312 Int/Adv	3/3-3/24	6:45-7:45p	Thu	AHS	7-17	\$99/4 wks
W16-4313 All	3/5-3/26	8-9a	Sat	AHS	7-17	\$99/4 wks
W16-4314 All	3/5-3/26	12-1p	Sat	AHS	7-17	\$99/4 wks
COMBO CLAS	SES					
W16-4315 Beg/Int	3/1-3/24	5:45-6:45p	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4316 Int/Adv	3/1-3/24	6:45-7:45p	Tue/Thu	AHS	7-17	\$179/4 wks
W16-4317 Beg/Int	3/1-3/26	5:45p & 8a	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4318 Beg/Int	3/1-3/26	5:45p & 12p	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4319 Int/Advt	3/1-3/26	6:45p & 8a	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4320 Int/Adv	3/1-3/26	6:45p & 12p	Tue/Sat	AHS	7-17	\$179/4 wks
W16-4321 Beg/Int	3/3-3/26	5:45p & 8a	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4322 Beg/Int	3/3-3/26	5:45p & 12p	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4323 Int/Adv	3/3-3/26	6:45p & 8a	Thu/Sat	AHS	7-17	\$179/4 wks
W16-4324 Int/Adv	3/3-3/26	6:45p & 12p	Thu/Sat	AHS	7-17	\$179/4 wks



#### Basketball

#### **NRG Basketball Academy**

#### **NEW LOCATION!!**

A fundamentals-based training program teaching boys and girls the skills needed to succeed on and off the court. We're on a mission to create the Next Rising Generation of basketball stars! NRG's training program is designed for players of all ages and skill levels. Our innovative training techniques challenge player's abilities and help transform them into the best basketball players they can be. Bring your own basketball to class.

Instructor: NRG Basketball Academy Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
ROOKIES	ROOKIES No experience necessary! Safe, fun and exciting introduction to basketball.								
W16-3005	1/9-1/30	10-10:50a	Sat	EP	4-7	\$87/4 wks			
W16-3006	2/6-2/27	10-10:50a	Sat	EP	4-7	\$87/4 wks			
W16-3007	3/5-3/26	10-10:50a	Sat	EP	4-7	\$61/3 wks			
W16-3008	1/9-1/30	12:30-1:20p	Sat	EP	4-7	\$87/4 wks			
W16-3009	2/6-2/27	12:30-1:20p	Sat	EP	4-7	\$87/4 wks			
W16-3010	3/5-3/26	12:30-1:20p	Sat	EP	4-7	\$61/3 wks			
BEGINNE	RS No experience necessary!	Safe, fun and exciting	introduction to b	asketball.					
W16-3011	1/9-1/30	11a-12:20p	Sat	EP	8+	\$87/4 wks			
W16-3012	2/6-2/27	11a-12:20p	Sat	EP	8+	\$87/4 wks			
W16-3013	3/5-3/26	11a-12:20p	Sat	EP	8+	\$61/3 wks			
INTERME	INTERMEDIATE/ADVANCED For students looking to increase their knowledge and fundamental basketball skills.								
W16-3014	1/9-1/30	2-3:20p	Sat	EP	8+	\$97/4 wks			
W16-3015	2/6-2/27	2-3:20p	Sat	EP	8+	\$97/4 wks			
W16-3016	3/5-3/26	2-3:20n	Sat	FP	8+	\$71/3 wks			



### TEEN PROGRAMS

### TEEN PROGRAMS/EVENTS AT THE ARCADIA PUBLIC LIBRARY

Please call 626.821.5569 for more information. **Exclusively for 9th through 12th graders.** 

#### Teen Zone!

Teens, your favorite after-school hangout! Come study, read, or just kick back and relax. **Most Mondays through Thursdays from 3-5:30pm** in the Cay Mortenson Auditorium.

#### **Digital Media Lab**

Teen Zone is becoming the place to get your creativity on! Brand new iMac computers loaded with sound and editing software designed for everyone from the novice to experts. Open during Teen Zone in the Cay Mortenson Auditorium.



#### 6th - 12th grade

#### Poetry in Motion: A Teen Event

Friday, April 22; 3:30pm

Dying to perform in front of an audience for a prize? Teens are invited to perform a scene, recite a poem, sing, or play a song in front of a live audience. Teens can compete with an original piece, read aloud during our Open Mic session, or simply be part of the audience. Register in the Children's Room beginning **Monday, March 14**. Poetry and lyrics must be submitted and approved prior to the event. All entries must be received by **Friday, April 15 by 5:30pm**.

#### **Practice New SAT**

Come sharpen your test-taking skills. Princeton Review is administering a practice exam for the New SAT. **Saturday, February 6 from 10am to 2pm**. Registration required. Please contact Debbie Marks at 626.294.4801 or dmarks@ci.arcadia.ca.us to sign up.

#### **Valentine Chocolate**

Calling all teen chocoholics! Our annual Valentine's Day chocolate feast is back! Indulge in our decadent chocolate fountain and create yummy bonbons for your special someone. Or just make treats for yourself, that's fine, too. Tuesday, February 11 in the Cay Mortenson Auditorium. Starts at 3pm and ends at 5:30pm or when the chocolate runs out, whichever comes first.



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#### **Teen Tuesday Matinees**

Monthly Teen matinees are back and better than ever with our big screen. Movie titles to be announced later. Fresh popcorn for all those attending.

January 26, February 16, and March 15.

Movies start at 3:15pm in the Cay Mortenson Auditorium.

#### **Teen Winter Camp**

Location: First Avenue Middle School, 301 S. First Avenue Dates: Monday-Wednesday, December 21-23 and 28-30

Time: 9am-5pm Fee: \$20 per day Ages: Grades 6-8

All children in grades 6-8 are invited to participate in a Winter Camp that consists of group activities, games, and more. Camp provides a fun, safe environment for youth to enjoy their winter break. The camp will include a snack each day for participants and children should bring their own lunch daily. Sign your child up for one day or all six. Register at the Recreation Office; 375 Campus Drive, Arcadia or online at www.ci.arcadia.ca.us.



#### Intramural Basketball League League Fee \$38 (Jersey Included)

Intramural Basketball is held at all three middle school sites. This program is open to boys and girls in grades 6-8 of all ability levels. Practices will be held two times a week after school, rotating teams will scrimmage each other at the Dana Gym on Friday evenings and/or Saturday afternoons. The league will run from January 4 through February 26. Scrimmages will begin on Friday, January 15, and conclude with an end of the season tournament. The league is organized to provide a fun, non-competitive, learning experience. Transportation to and from the games is the responsibility of the participants. Students must be picked up at the conclusion of their game or have consent to walk home. Late fees will apply for students that do not have permission to walk home. League registration is limited and will take place online beginning Monday, November 23, and go through Friday, December 11. Registration for the league is online only.

Rainy Days: Please call the Buzzline at 626.574.3880 for information on cancelled practices. The Buzzline is updated daily by noon.

#### All Star Tournaments

At the end of the basketball season, players from the intramural league will be selected to form All Star Teams. These teams will represent the City of Arcadia in the San Gabriel Valley Tournaments.

#### **Teen Night**

Locations: Arcadia Community Center (CC) or Dana Gym (DG)

Time: 6-11pm Fee: \$8 per person Ages: Grades 6-8
Friday, December 11



Friday, January 8 W16-1015 (CC) Friday, February 12 (DG) W16-1016 Friday, March 11 W16-1017 (DG) Join Arcadia Recreation Staff for a night of excitement and fun! This program is open for teens in grades 6-8. Participants will have the opportunity to participate in plenty of indoor activities such as, billiards, dodgeball, movie nights, raffles, tournaments and more! Pizza dinner will be served at 7pm so be sure to arrive on time! Pre-registration is mandatory and can be done at the Recreation Office (375 Campus Drive), or online at www.ci.arcadia.ca.us.

W16-1014

#### Free Middle School Youth Center: Re-Zone

Through June 9, 2016 Monday-Thursday, 2:30-4:30pm Arcadia Public Library Imagination Theater

Re-Zone is a free and supervised program available to youth in grades 6-8. The center is supervised by Recreation Leaders and allows youth to have a safe place to hang out with friends. Re-Zone provides a monthly flyer of activities and special events happening at the center. There is no charge for the program but fees will apply for some special events. Re-Zone is a drop-in program and is closed on AUSD holidays, Common Core days and minimum days. Transportation to or from Re-Zone is the responsibility of the participant.



#### **Arcadia Volunteen Program**

At this time, the Volunteen Program is at capacity. Please check the 2016 Spring Buzz to find deadlines for the summer applications.

### ADULT PROGRAMS

#### ADULT CLASSES/EVENTS AT THE ARCADIA PUBLIC LIBRARY

Please call 626.821-5569 for more information.

#### Friends of the Library Program

Wednesday, February 24, 2016; 7pm

For more information, please call 626.821.5570.

#### **English Conversation Class**

#### Monday mornings 10am-noon

For adults that can read and understand English but want to practice their pronunciation skills through conversation with others. This all volunteer program is held in the Cay Mortenson Auditorium during the school year.

### Parent Workshop – "Growing a Healthy Child" Saturday, January 30; 11am

As parents, every day you're faced with making choices about your child's well-being, and that includes decisions about food and beverages. Join a presentation led by Julie Tang, MS, RDN a dietician and local community adviser with the Dairy Council of California to get answers and understand more of the most common child nutrition topics.

#### **Zinio Digital Magazines**

The Library now offers a collection of digital magazines that you can read on your Mac/PC or mobile device. To access the collection go to https://www.rbdigital.com/arcadiaca/. Create an account, download the free Zinio for Libraries app for your device, and you're good to go. Downloaded magazines have no checkout limits and no due dates! If you have any questions or problems please call us at 626.821.5569.

#### eBook Clinics

Did you know that you can check out ebooks and e-audiobooks from the Library and download them to your e-reader, tablet computer, or MP3 player? Access our collection of over 6000 titles by going to the Southern California Digital Library at http://scdl.lib.overdrive.com/. Be sure and log in with your library card before searching in order to see everything available to you as an Arcadia Library cardholder. If you need help with this service please get in touch – we're now offering individual and small group clinics, by appointment, to help you learn how to access and download titles. Call us at 626.821.5569 to set up an appointment.

#### NaNoWriMo Monthly Writing Group

Join us the first Saturday of each month for an easy-going free-style writing group. We meet in the Library's conference room from 10-12.

### Affordable Care Act/Covered CA Enrollment Assistance

Will you be signing up for health insurance through Covered California during the open enrollment period this winter? Free enrollment assistance is offered at the Library every Wednesday night, by appointment. To sign up for a slot please call us at 626.821.5569.





#### A Potpourri of Books: Adult Book Discussion Group

Join a fun group of fellow readers to discuss the book of the month every fourth Tuesday and Thursday of the month. This free program is a great way to meet new and interesting people and to share (or just listen in) to a lively discussion. All discussions are held in the Library Conference Room and no registration is necessary. Copies of the books to be discussed will be available for check out at the Library. The morning group meets the fourth Tuesday of the month at 10am and the evening group meets the fourth Thursday of the month at 7pm, January through October.
For more information, please call 626.821.5569.

January: The Martians by Kim Stanley Robinson 10am on Tuesday January 26 and

10am on Tuesday January 26 ar 7pm on Thursday January 28

February: Modern Romance by Aziz Ansari

10am on Tuesday February 23 and 7pm on Thursday February 25

March: Just Mercy by Bryan Stevenson

10am on Tuesday March 22 and 7pm on Thursday March 24

No formal book discussions in November and
December but check out the many previous book
discussion book selections at the Library on the shelf

opposite the front desk. If you would like to start your own book discussion using these materials, ask us. We can help. Please call 626.821.5570.



Looking to improve your computer and online skills? Come to the Library this winter for another season of our popular Computer Learning Lab! Courses are offered on a wide variety of technology subjects. Participating patrons are able to practice hands-on with a laptop computer. Classes are 60-90 minutes in length, have limited enrollment, and certain prerequisites may apply. The complete schedule of courses will be available on the Library's website beginning **Tuesday**, **December 1**. In-person registration for Arcadia residents only (with valid ID) will be available on **Tuesday**, **December 15** from 10am until noon. At noon, registration will be open to all, either in person or by phone. Sessions fill up fast, so register early! If you have questions or would like to register, please call the Adult Information Services desk at 626.821.5569.

#### Free One-On-One Computer Tutoring Classes

Registration for Winter (January, February, March) computer tutoring appointments will take place on **Friday, December 11**.

- In-person registration for Arcadia residents only (with valid ID) will be available from 10 am until noon.
- In-person registration for all others will be available from noon until 2pm.
- Phone registration for all will be available from 2pm forward.

Please note that there is a limit of four tutoring sessions per person per quarter. Sessions do fill up fast, so register early! If you have questions or would like to register, please call the Adult Information Services desk at 626.821.5569.

#### Foreign Film Program

#### Second Wednesday of the month; 6pm in the Cay Mortenson Auditorium at the Library

Escape to faraway places through the movie screen at the Arcadia Public Library. The Library is proud to present a series of foreign films with English subtitles each month for the adult community. Patrons over seventeen are welcome to attend. Come early as the doors open at 5:30pm and bring your dinner if you wish. Dessert is on us. The movie begins at 6pm and may last until 9pm, depending upon the length of the movie.

A Touch of Sin Wednesday January 13 6pm 2013 China (NR) 33 min.



Italian for Beginners
Wednesday
February 10
6pm
2000
Denmark (R)
105 min.



Ve Loved You So Long Wednesday March 9 6pm 2008 France (PG-13) 117 min.



### ADULT PROGRAMS AND EVENTS





# **Exuberance**

Wednesday, January 27; 7pm

Johannes Brahms wrote four symphonic masterpieces. His monumental sextet in Bb Major will be performed along with the Fantasy String Quartet, the beautiful pastoral work by the British composer Herbert Howells. Paul Stein and Alex Russell, violins, Michael Larco and Aaron Oltman, violas, David Garrett and Maksim Velichkin, celli.

This program is intended for adults and music lovers ages 12 and up.

#### **Adult Workshops and Lectures**

AT THE MUSEUM EDUCATION CENTER

### The Personal Museum Preservation Series

#### Postcard Dating February 6; 10am to 12pm Every family has its own personal museum at home. Come to the Gilb Museum for these continuing workshops on how to care for and preserve your family's treasures. Do you have postcards in your family collections at home? Did you know that most

postcards can be dated by



their attributes? Come and find out how! This adult workshop will be led by Curator, Dana Hicks, Ph.D.

#### SENIOR PROGRAMMING - NEW! STARTING SEPTEMBER!

#### AT THE MUSEUM EDUCATION CENTER

First Tuesday of the month; 2:30 - 3:30pm Ask the Curator: Preserving Your Family Treasures

Bring in your old photograph, document, book, quilt or any personal artifact from home and get helpful advice on preserving your personal memorabilia. (One artifact per person, per month. Curator does not give appraisals.) Drop-in program.





Third Tuesday of the month; 2:30 - 3:30pm Those Were the Days Sing-Along

Remember when? Join in the fun and sing old-time songs from the '20s, '30s and '40s! Song suggestions welcome! Led by the Education Coordinator.

#### AT THE GILB MUSEUM OF ARCADIA HERITAGE

Please call 626.574.5440 for more information.

#### **Temporary Exhibits**

Blinkers and Winkers: Stars of the Silver Screen at Santa Anita Park, 1930s, 40s and 50s Through January 16, 2016

Enjoy this winter exhibit of photographs from the 1930s, 40s and 50s of movie stars at Santa Anita Park enjoying the races! From the Museum's permanent collections. Some faces you will remember well and some you may have forgotten. Step back in time, remember the glamour of the silver screen and see the movie stars as they enjoy daily life. Shown here: Robert Taylor and Barbara Stanwyck enjoying the Santa Anita Handicap, 1939.



The Spirit of Chinese Brush Painting: Artwork of Master Tam and His Students January 30 - March 19 Opening Reception: January 30, 2pm



Back for another refreshing exhibit, Master Tam and his students will be presenting their talents in this serene and beautiful art form. The materials of Chinese brush painting; brush, ink, inkstone, and paper, are the same now as they were for the ancient calligrapher. Always held in deep respect, they have been named the Four Treasures of the Abode of

Culture. Each is dependent on the other and all are highly prized. Come and savor this peaceful artwork as we head into springtime.

#### LUNCHTIME TALKS AT THE MUSEUM EDUCATION CENTER Third Thursdays, noon to 1pm

Please call 626.574-5440 for more information. The museum continues presenting popular Lunchtime Talks the third Thursday of the month. Come and listen to our guest speakers who will present snippets about Arcadia history, people, places and events. Bring your own lunch or just sit and enjoy the talk with friends.



Cathy Brown, The Old Mill Foundation "A History of the Old Mill: El Molino Viejo"

February 18 Scott Hettrick, Arcadia Chamber of Commerce CEO "The Chamber was There'



Historical Society

March 17

Elizabeth Pomeroy, San Marino Historical Society "Geography as Destiny: Early Years of San Marino and Arcadia'

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### ALL ART CLASSES WITH KT BOYCE REQUIRE A \$10 CASH MATERIALS FEE.

#### **Oil and Acrylic Painting**

Learn all about how you can paint with a variety of tools and techniques. Composition, line, light form and the color wheel will be discussed. Each person will be taught for individual artistic expression, no experience is necessary. Supplies will be discussed at the first class meeting. **Instructor:** KT Boyce

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4044	1/7-2/11	7-9p	Thu	CCCR	Adults	\$62/6 wks	
W16-4045	2/18-3/17	7-9p	Thu	CCCR	Adults	\$52/5 wks	

#### **Adult Painting (Oil, Acrylic, Water and Drawing)**

Learn to draw, or paint with a variety of tools and techniques, you choose the medium. Composition, line, light form and the color wheel will be discussed. Each person will be taught for individual artistic expression, no experience is necessary. Supplies will be discussed at the first class meeting.

#### Instructor: KT Boyce

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4046	1/9-2/13	1:30-3:30p	Sat	CCCR	16+	\$62/6 wks
W16-4047	2/20-3/19	1:30-3:30p	Sat	CCCR	16+	\$52/5 wks

#### **Color Pencils and Pastels**

**NEW CLASS!!** 

\$42/4 wks

CCCR 16+

Learn to work with different mediums like colored pencils and pastels to make things look realistic. Box of colored pencils needed on first day of class. **Instructor:** KT Boyce

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4048	1/4-2/8	6:30-8p	Mon	CCCR	16+	\$62/6 wks	
waterc	Watercolor and Color Pencils NEW CLASS!!						
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	

#### **Drawing and Sketching**

W16-4049 2/22-3/14

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4042	1/7-2/11	5:15-6:15p	Thu	CCCR	13+	\$58/6 wks

6:30-8p



#### **Knife Painting**

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4043	2/18-3/17	5:15-6:15p	Thu	CCCR	13+	\$52/5 wks	

#### **3D Painting - Gels and Paste**

NEW!!

Gels and modeling paste provide an exciting way to get your art to pop off the canvas. Learn to make beautiful landscaping and floral paintings.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4356	2/16-3/15	6-7p	Tue	CCCR	13+	\$62/6 wks

#### **Modern and Contemporary Art**

NEW

Understand modern and contemporary art while focusing on color, texture and dimension. The use of recycled items will bring new life and depth to your masterpiece.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4355	1/5-2/9	6-7p	Tue	CCCR	13+	\$62/6 wks

#### **Ikebana** (Flower Arrangement)

Learn the traditional methods of Japanese flower arrangement. Students need to bring a 10-12" shallow container, clippers and a frog needle holder. For supply questions, please call Yumiko at 626.818.3573.

\$40 materials fee/Beginners; \$80 materials fee/Advanced Instructor: Yumiko Kikkawa

	#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
1	W16-4146	1/0-2/27	8-0-302	Sat	CCCB	Adulte	\$122/8 wks



#### **Chinese Brush Painting**

Paint birds and flowers using traditional Chinese brush painting techniques. Students provide their own supplies, they will need Chinese paint brushes, jar of India ink and paper. Class is mainly taught in Mandarin.

Instructor: Master Ali Tam

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4214	1/8-2/26	1-3p	Fri	CCCR	Adults	\$82/8 wks

#### **Craftsy Art Class**

The best art comes from creative play! Enjoy a sophisticated craft class. Learn different techniques and projects each week. Add an element of fun to the work week. \$25 materials fee

Instructor: Elizabeth Butterfield

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4053	1/4-1/25	12:30-2:30p	Mon	PP	Adults	\$61/4 wks
W16-4054	2/1-2/22	12:30-2:30p	Mon	PP	Adults	\$61/4 wks
W16-4055	3/7-3/28	12:30-2:30p	Mon	PP	Adults	\$61/4 wks
W16-4056	1/5-1/26	3-5:30p	Tue	CCBill	Adults	\$61/4 wks
W16-4057	2/2-2/23	3-5:30p	Tue	CCBill	Adults	\$61/4 wks
W16-4058	3/8-3/22	3-5:30p	Tue	CCBill	Adults	\$61/4 wks

#### **Dance**

#### The Art of Hula - Hawaiian Dance

Students will learn hula, as well as Hawaiian culture and language. Hawaiian names for basic hula steps, hand motions, hula etiquette and protocols will be taught.

Instructor: Mikilani Young, Kumu Hula

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#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE			
BEGINNE	R								
W16-4335	1/13-2/10	7:30-8:30p	Wed	CCBall	13+	\$62/4 wks			
W16-4336	2/17-3/16	7:30-8:30p	Wed	CCBall	13+	\$62/4 wks			
INTERME	DIATE								
W16-4337	1/13-2/10	8:30-9:45p	Wed	CCBall	13+	\$67/4 wks			
W16-4338	2/17-3/16	8:30-9:45p	Wed	CCBall	13+	\$67/4 wks			
55+									
W16-4339	1/3-2/10	5-6p	Wed	CCBall	55+	\$52/4 wks			
W16-4340	2/17-3/16	5-6p	Wed	CCBall	55+	\$52/4 wks			

#### **Ballroom and Latin Dance**

This course brings the most popular social ballroom and latin dances together in a practical and easy-to-follow way. It is suitable for both beginners and those who wish to pursue better skills to express their own individuality through elegant dance styles. Singles and couples welcome. This session you will learn the Fox Trot and West Coast Swing. Wear plastic/leather-soled shoes.

**Instructor:** Sherry Novak

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4195	1/5-2/23	7:15-8:15p	Tue	CCBall	Beg/Int	\$58/8 wks

#### **Introduction to Swing Dancing - Returning in the spring**

#### **Beginning Line Dance - Country Western**

Add a little sizzle to your health and fitness program with Country Western line dancing. Learn new steps and dances that are choreographed to current hits on the radio. New dances and reviews are done weekly. Must wear shoes with backs, no sandals or shoes that are open in the back.

Instructor: Pam Wagoner

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4219	1/5-3/15	7-8:30p	Tue	CCDR	Beg	\$63/11 wks
W16-4220	1/7-3/17	7:30-9p	Thu	CCDR	Beg	\$63/11 wks
#	DATES	COMBO CLASS TIMES/DAYS 7-8:30p Tue / 7:30-9p Thu		PLACE	YEARS	FEE
W16-4221	1/5-3/17			CCDR	Beg	\$104/11 wks



#### **Intermediate Line Dance**

Adds to the basic knowledge of line dancing!

Instructor: Pam Wagoner

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4222	1/6-3/16	7:45-9:15p	Wed	CCDR	Adult	\$63/11 wks
W16-4223	1/7-3/17	6-7:30p	Thu	CCDR	Adult	\$63/11 wks
#	DATES	COMBO CLASS TIMES/DAYS		PLACE	YEARS	FEE
W16-4224	1/6-3/17	7:45-9:15p Wed / 6-7	7:30p Thu	CCDR	Int	\$104/11 wks

#### **Beginning Salsa**

For the beginner as well as those who want to polish their moves and learn a variety of footwork and combinations with a clean and sharp technique that most other salsa instructors bypass. Wear leather-soled shoes and comfortable clothes

Instructors: Dorothy Tsu and Moses Navarro

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4217	1/7-3/17 no class 3/10	8:30-9:30p	Thu	CCBall	14+	\$82/10 wks

#### **Intermediate Salsa/Latin Social Dancing**

Learn more impressive steps and combinations, spins and double turns, faster pace and fancy moves. We will also cover other Latin dances such as; Bachata, true Latin Cha Cha (the way Latinos dance it, not the ballroom way) and Merengue. These are the most popular styles and all of these styles are played in salsa clubs as well.



Instructors: Dorothy Tsu and Moses Navarro

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4218	1/5-3/15	8:30-9:30n	Tue	CCBall	14+	\$90/11 wks	

#### Tappercize

Dance tap routines to Broadway show tunes (must wear tap shoes). **Instructor:** Dannalou Machi

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4158	1/7-3/17 no class 3/10	6-7n	Thu	CCBall	16+	\$59/10 wks

#### Tap for Fun and Exercise

Learn to tap dance while having fun and exercising. The beginning class will teach basic tap steps along with some original choreography. In the Intermediate class you will learn original tap choreography to your favorite music styles from Broadway to Jazz, Vegas style and even country and pop! Bring tap shoes or leather soled shoes with comfortable clothing. Instructor: Pam Kay

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4132	1/4-3/14 no class 2/15	5-6p	Mon	CCBall	Beg	\$52/10 wks
W16-4133	1/4-3/14 no class 2/15	6-7p	Mon	CCBall	Int	\$52/10 wks

#### Basic Belly Dance Technique and Choreography

Belly dance is a beautiful art form that embraces all shapes and sizes. Class session includes beginning and intermediate technique, practice with props such as veils and finger cymbals, with Egyptian style choreography. Props are available for use during class time. Wear comfortable workout clothes. Students may dance barefoot or in thin-soled dance shoes.

Instructor: Thea Komen

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2010	1/5-3/1	7-8p	Tue	MEC	14+	\$56/9 wks

#### **Advanced Belly Dance Technique and Choreography**

Take your belly dance skills to the next level. Class session includes intermediate and advanced level technique, choreography development and guided practice in improvisation. Class may include props such as veils or finger cymbals which are available for use during class time. Students will also be invited to perform in various outside events. Previous belly dance experience is recommended. Session culminates in a performance for friends and family during the final class.

Instructor: Thea Komen

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4151	1/7-3/3	8:15-9:45p	Thu	CCBall	Adult	\$74/9 wks

#### **Adult Enrichment**

#### **Let's Brew Tea - Fundamentals**

**NEW CLASS!!** 

**NEW CLASS!!** 

Learn the benefits of tea and how to brew and appreciate that perfect cup. \$20 materials fee.

Instructor: Grandmaster Arnold Chien

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-2007	1/25-2/8	1-2p	Mon	MEC	Adult	\$22/3 wks	
W16-2008	2/22-3/7	1-2p	Mon	MEC	Adult	\$22/3 wks	



#### Photography – Know Your Digital Camera

Reviews the basic operation of digital cameras. Class will be focusing on basic composition and lighting. We will review pictures and explain how different angles and lighting can change the outcome.

Instructor: Simon Mach

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4157	1/14-3/3	8:15-9:15p	Wed	CCBill	Adult	\$58/8 wks	

#### Let's Chat - English Conversational Workshop NEW CLASS!!

A basic english conversational workshop which presents an opportunity for english learners to develop and build upon their english speaking skills. Designed for students who already have a basic knowledge and want to practice conversational English and develop a stronger vocabulary in a fun, encouraging, atmosphere.

Instructor: Melinda Milton

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4173	1/12-3/8	6:15-7:15p	Tue	CCDR	Adult	\$58/8 wks	

#### **Public Speaking for Adults**

Public speaking is ranked as one of the top things most people fear. Move past your fear and gain the skills, practice and build confidence that you need to succeed in speaking in front of an audience. Classes will begin with discussion then move into extemporaneous and prepared speeches. This is an ongoing class all skills levels are welcome.

Instructor: Melinda Milton

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
V16-4174	1/12-3/8no class 2/16	7:20-8:20p	Wed	CCDR	Adult	\$58/8 wks



20 - The Buzz

#### **Cooking Class for Adults**

Learn how to cook quick, easy, delicious three-course meals. Every week will be an adventure for your taste buds. Enhance your knife skills, perfect all the cooking techniques and meet new people. This class is for all skill levels of cooks! Please bring food containers. \$50 materials fee

Instructor: Ricky Ramirez, Graduate of Le Cordon Bleu College of Culinary Arts

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4341	1/4-2/1	7-8:30p	Mon	CCK	Adults	\$52/5 wks
W16-4342	2/8-3/14 no class 2/15	7-8:30p	Mon	CCK	Adults	\$52/5 wks
W16-4343	1/5-2/2	7-8:30p	Tue	CCK	Adults	\$52/5 wks
W16-4344	2/9-3/15 no class 2/16	7-8:30p	Tue	CCK	Adults	\$52/5 wks

#### **Baking for Adults**

All the basics of baking in a hands-on class. Learn techniques from the savory to the sweet by using the skills to create pastries, biscuits, dough, bread, cakes and much more. Bring apron and container. \$50 materials fee Instructor: Mayra Mendoza, Graduate of Le Cordon Bleu College of Culinary Arts

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4167	1/6-2/3	5:45-7:45p	Wed	CCK	16+	\$52/5 wks
W16-4168	2/10-3/16 no class 3/9	5:45-7:45p	Wed	CCK	16+	\$52/5 wks

#### **Skin Care and Makeup**

#### **NEW CLASS!!**

Learn the best system for great skin and fabulous makeup. Each class will address a different concern. Learn step by step how to make up your own face and how to bring out your best features. Attend one, two or all three seminars.

Instructor: Katalina (Zenouba) Stephanos

Hollywood Makeup Artist/Skincare specialist

21st Century Skin Care - Want to know about the latest Skincare breakthrough like Serum or Oils? Confused about cleansing, toning, sunscreen and moisturizers? Want to improve your skin but not sure how? In this two-hour seminar you will learn how to care for your skin and how to improve its appearance, firmness, discoloration and clarity too!

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2004	1/16	12-2p	Sat	CCDR	15+	\$27/1 day

Eyes that Dazzle - Not sure how to apply eye makeup or not sure what eye shape is? Learn tips and tricks plus a basic eye look for your specific eye shape. The eyes are the window to the soul and are the part of your makeup that will require the most time and patience to do. Knowing how to apply eye makeup is essential to looking good. Bring your own products and there will be items for you to use in class if you don't have everything.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2005	2/10	7·45-9·45n	Wed	MEC	15⊥	\$27/1 day

Cosmetics: The Good, Bad and Ugly - Ever wonder why you got that rash from that face product? Or have you been using that wrinkle cream and not seeing any results? Learn from a beauty insider that has worked for more than 10 cosmetic lines to find out what is really in your products and what they don't want you to know. In this seminar you will learn what is good for your skin and what to avoid. Learn the difference between cosmetics, organic and chemicals so you can make smart choices when it comes to improving your skin.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2006	3/9	7:45-9:45p	Wed	MEC	15+	\$27/1 day



#### **Sewing Skills for Adults**

Beginning Level: Learn basic sewing skills like how to use a sewing machine, seam finishes, how to put in a zipper and how to read a commercial pattern. Returning students will learn more advanced projects. Fabric and patterns will be provided. Students must provide their own machines and basic sewing tools. \$25 materials fee

Instructor: Diana Aria Burkhammer, California Credentialed Fashion Design Teacher

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2002	1/8-1/29	5:30-7p	Fri	MEC	18+	\$92/4 wks
W16-2003	2/19-3/11	5:30-7p	Fri	MEC	18+	\$92/4 wks

#### Tree Appraisal Workshop

Focusing on the CTLA Trunk Formula Method, this course gives an overview of the appraisal process and provides an opportunity to practice in the field. Review common mistakes and refine your craft as an appraising arborist. 6CEUs available to certified arborists.



Instructor: James Komen, Consulting Arborist

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4150	3/19	8am-3pm	Sat	CCDR	Adults	\$77/1 day	

#### **Computer Applications - Basics**

This course will take you through the basics of Word, Excel, Power Point and Adobe. If you have ever needed that extra help to make your letters or presentations shine, this is the course to help you. Instructor is well versed in both PC and Apple so bring your laptop and start learning what your computer can do for you.

Instructor: Mai Ling Thomas

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-4359	1/13-3/2	6:30-8p	Wed	CCCR	Adults	\$82/8 wks	

#### Floral "Fun" damentals Class

Express your creativity in floral design, create beautiful arrangements and learn proper care, handling techniques, elements and principals of design. Please bring your own floral scissors or knife, as well as pruners for cutting greenery. For more information on these necessary tools, please contact the instructor at bjewell51@yahoo.com \$52 materials fee (cash only)

Instructor: Elizabeth Butterfield

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4059	1/5-1/26	7-8:30p	Tue	CCBill	Adults	\$61/4 wks
W16-4060	2/9-2/23	7-8:30p	Tue	CCBill	Adults	\$61/4 wks
W16-4061	3/1-3/22	7-8:30p	Tue	CCBill	Adults	\$61/4 wks

#### **Home Buying Workshop**

Why rent when you can <u>OWN</u> the house you live in? This one-day workshop is for anyone thinking of buyng/selling/investing in Real Estate. It will cover, preparing for home ownership, obtaining a mortgage, shopping for a home, closing, life as a homeowner and beyond. Investing in Real Estate is one of the best ways to build wealth and securing retirement. **Instructor:** Sona E. Baghdassarian, Realtor, CalBre 01 079462, Zamel Real Estate

#	DATES	IIME	DAY(S)	PLACE	YEARS	FEE	
W16-4005	2/18	6:30-8:30p	Thu	CCBall	Adults	\$22/1 sess	
W16-4006	3/26	10a-12p	Sat	CCBill	Adults	\$22/1 sess	



#### Guitar

**Level A** - Learn all open position chords, begin to read music and tablature and start learning a repertoire of songs.

**Level B** - A continuation of Level A class. Learn the bar chord, strumming patterns, and begin finger picking techniques. Mastery of Level A class required.

**Level C** - Learn fretboard theory, scales and modes, blues, improvisation, and continue working on repertoire.

\$25 materials fee - All levels for the class book.

Instructor: Matt Lake, Masters in Music

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	#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
٧	V16-2012	1/4-3/14 no class 2/15	6:30-7:30p	Mon	MEC	12+/A	\$102/10 wks
V	V16-2013	1/4-3/14 no class 2/15	7:30-8:15p	Mon	MEC	12+/B	\$102/10 wks
٧	V16-2014	1/4-3/14 no class 2/15	8:15-9p	Mon	MEC	12+/C	\$102/10 wks



#### **Guzheng (Chinese Harp)**

A class for both beginners and intermediates. Bring your own instrument or show up for the first class where the instructor will explain the Chinese harp. Guzheng is a very popular Chinese musical instrument dating back to 500 BC. The sound is melodious, soothing, serene, romantic and exciting. You will learn all the basic techniques and advance later. Come join the fun and adventure for east meets west through beautiful music. Instructor: Jing Mei Zhang (Betty)

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2019	1/4-3/14 no class 2/8 & 2/15	9:15-10:45a	Mon	MEC	16+	\$164/9 wks



#### **Dog Obedience**

Designed to provide the *new* or *inexperienced* dog owner the basics in obedience training, canine behavior, handler etiquette, and animal care in a fun, playful environment. The goal is to provide the handler with the tools to carry on the lifelong task of good canine behavior reinforcement and the skills needed to progress to additional canine training/activities.

Instructor:	Gary Francis		Class n	neets a	it New	Castle Parl
#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4104 Level I	1/13-2/17	6:15-7:15p	Wed	NCP	10+	\$62/6 wks
W16-4105 Level II	1/13-2/17	6:15-7:15p	Wed	NCP	10+	\$62/6 wks

#### Certified Online UGotClass Courses NEW

#### **Mastering Microsoft Excel**

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most-used spreadsheet tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of Excel change over time. Examine the life of an Excel worksheet and workbook, from creation to presentation. Learn how an Excel worksheet is constructed, populated with content, and edited for delivery. Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia. You will leave class with a set of skills in high demand which can be a deciding factor in your future success. One-month course

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4372	3/7-4/1	ONLINE	-	ONLINE	Adult	\$195/1 Month

#### **Marketing Using Social Media**

Develop a two-way communication and marketing strategy for your organization using social networks. Your instructor guides you in exploring social networks, including Twitter, LinkedIn, and blogging. Learn quick, easy ways to use Twitter, blogs and LinkedIn to engage your customers or clients and keep them interested in your organization or business. You'll find out the advantages and disadvantages of each, and learn what's right for your work and kind of organization. Your instructor is a director of marketing for a national association, and writes and speaks on the topic. One-month course

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4373	3/7-4/1	ONLINE	-	ONLINE	Adult	\$195/1 Month

#### **Introduction Into Game Design**

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. By completing this course, you can take the first steps into understanding game design, and how it can be applied in your field. One-month course

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4374	2/1-2/26	ONLINE		ONLINE	Adult	\$245/1 Month

#### Mastering Computer Skills for the Workplace

Must-have skills to succeed in the workplace include the ability to create, edit and manage presentations in MS PowerPoint, documents in MS Word, email and calendars in MS Outlook, and spreadsheets in MS Excel. Microsoft Office Suite of applications is the most used software tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of MS Office change over time. Master the most common uses so that you can work faster and more efficiently and can take your computer skills from plain and drab to exciting and engaging. You will leave class with a set of skills that are a workplace requirement in today's fast paced ever-changing environment and will enable your future career success. One-month course

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4375	2/1-2/26	ONLINE	-	ONLINE	Adult	\$195/1 Month

#### **Adult Exercise**

#### Zumba®

Zumba® fuses Latin and world rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away! New routines are rotated in weekly. Bring tennis shoes, comfortable workout clothes, and water. Students may swap days or make up missed classes within the same session.

#### Instructor: James Komen

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-3024	1/4-3/14 no class 2/15	8:05-9:05p	Mon	DG	14+	\$62/10 wks
W16-4147	1/5-3/15	5:45-6:45p	Tue	CCBall	14+	\$68/11 wks
W16-3025	1/6-3/16 no class 2/17	7:30-8:30p	Wed	DG	14+	\$62/10 wks
W16-4148	1/7-3/3	7:05-8:05p	Thu	CCBall	14+	\$56/9 wks

 Zumba Full Season Pass: This allows you to attend any Zumba class taught by James Komen.

 #
 DAY(S)
 PLACE
 YEARS
 FEE

 W16-4149
 1/4-3/16 no class 2/15, 2/17 & 3/10
 See above
 M-Thu
 DG/CCBall
 14+
 \$99/11 wks

#### Zumba® Gold

Zumba<sup>®</sup> Gold is a world dance workout designed for the true beginner or active older adult. Every class includes a gradual warm-up, low-impact cardio, and cool down. One new routine rotated in weekly. Bring tennis shoes, comfortable clothing, and a water bottle. Students may swap days or make-up classes within the same session.

#### Instructor: James Komen

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-3026	1/4-3/14 no class 2/15	7:05-8:05p	Mon	DG	Adults	\$62/10 wks



#### **Bellyfit**®

Bellyfit is a holistic fitness class designed for women. It incorporates Bellydance, African dance, Bhangra and Bollywood followed by pilates and yoga inspired floor work. Ancient wisdom meets modern fitness in one transformational hour. Bring tennis shoes, yoga mat and water.

Instructor: Thea Komen

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2011	1/5-3/1	8-9p	Tue	MEC	14+	\$56/9 wks

#### Blast That Belly Fat NEW CLASS!!

LOSE INCHES QUICKLY! In the first half hour, burn mega calories, relieve stress and get the sweat flowing with fun, easy-to-learn cardio moves infused with ancient and beautiful dance moves. Shake and Shimmy to the latest pop hits in English/Mandarin/Hindi and international favorites from Belly Dance, Polynesian and Samba! Finish the class on the floor for maximum toning and a relaxing stretch. These exercises will get results while working out that tough tummy area for a new you! No experience necessary. Bring a towel or mat to class.

Instructor: Katalina (Zenouba) Stephanos

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4008	1/4-3/14 no class 2/15	8-9p	Mon	CCDR	12+	\$74/10 wks
W16-4379	1/5-3/16 no class 2/16	8:15-9:15p	Tue	CCBall	12+	\$74/10 wks



#### **Body Sculnting**

Burn fat more efficiently and improve your bone density while burning up to 600 calories in this 60 minute body sculpting class. Bring dumb bells, mat, water, a towel and be prepared to work.

Instructor: Bonnie Smithson

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4360	1/4-3/14 no class 2/15	6:15-7:15p	Mon	CCBall	16+	\$72/10 wks
W16-2020	1/6-3/16	6:30-7:30p	Wed	MEC	16+	\$79/11 wks

#### **Pilates**

Invigorate, strengthen, lengthen and improve your body shape and mental state. A classic, yet traditional mat pilates workout with a bit of structural work added. Only 45 minutes will give you a complete toning, stretching and conditioning workout. Bring a mat and three pound weights.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4097	1/6-3/16	5:30-6:15p	Wed	CCBall	Adults	\$79/11 wks

#### **Yogalates**

Blends the poses and meditative element of yoga with the body control principals and core conditioning of Pilates. Connect mind and body, balance and movement, strength and flexibility through this exercise. Bring a yoga mat and 1-2 lb weights (optional).

Instructor: Vicki Partridge

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-3027	1/13-3/16	6:15-7:15p	Wed	DG	16+	\$52/10 wks



#### **Ultimate and Complete Total Body Workout**

Each workout provides a complete cardio, weight resistance training plus a full Pilates portion while burning up to 700 calories per hour. This is all your body needs to stay trim, strong, flexible and healthy. Each routine will target different areas of the body to challenge and protect you from plateaus.

Instructor: Amy Friedman

#	DATES		TIME	DAY(S)	PLACE	YEARS	FEE
W16-3017	1/5-3/15		6-7p	Tue	DG	All Levels	\$79/11 wks
W16-3018	1/5-3/15		7-8p	Tue	DG	All Levels	\$79/11 wks
W16-3019	1/7-3/17		6-7p	Thu	DG	All Levels	\$79/11 wks
W16-3020	1/7-3/17		7-8p	Thu	DG	All Levels	\$79/11 wks
#	DATES	COMBO CLASSES	TIME	DAY(S)	PLACE	LEVEL	FEE
W16-3021	1/5-3/17		6-7p	T/Th	DG	All Levels	\$134/11 wks
W16-3022	1/5-3/17		7-8p	T/Th	DG	All Levels	\$134/11 wks

Learn the sun salutations by synchronizing breathing with a progressive series of postures. Bring a mat to class.

Instructor: SM Village Yoga

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4200	1/5-3/15	5:45-6:45p	Tue	CCDR	Adult	\$79/11 wks
W16-4201	1/6-3/16	5·45-6·45n	Wed	CCDR	Adults	\$79/11 wks

#### **Mindfulness Meditation**

Mindfulness Meditation improves focus and attention, lowers stress levels, enhances emotional well-being and sleep quality, and boosts creativity and productivity—important life skills. Beginners welcome. We sit in chairs, no special postures used. Class starts and ends with brief group discussion with 16 minutes of sitting and five mintues of walking meditation. Recommended book, Mindfulness for Beginners by Jon Kabat-Zinn.

Instructor: Victor Herzfeld

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4131	1/4-3/14 no class 2/15	7:15-8:15p	Mon	CCBill	Adults	\$62/10 wks

#### **Gentle Youa**

This class will improve your flexibility, strengthen your core and lower back muscles while improving your balance.

Instructor: Jean Sudbury

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4378	1/9-3/12	8-9a	Sat	CCDR	Adults	\$70/10 wks

#### Yoga with Amy

Relax-Rejuvenate-Restore! This yoga class will teach you the art of relaxation while caring for your body and mind. Each and every routine is different with the same goal which is to realign and loosen muscular tension as well as calm and center the mind.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-3023	1/4-3/14 no class 2/15	6-7p	Mon	DG	Adults	\$72/10 wks
W16-4098	1/4-3/14 no class 2/15	7:30-8:30p	Mon	CCBall	Adults	\$72/10 wks
W16-4370	1/6-3/16	6:15-7:15p	Wed	CCBall	Adults	\$77/11 wks

#### **Restorative Yoga NEW CLASS!!**

A form of yoga that seeks to achieve physical, mental and emotional relaxation with the aid of props, making it easier for you to maintain balance while you are stimulating and relaxing your body. Some restorative yoga poses are beneficial to the entire body, others target specific parts, such as the heart or the lungs. Restorative yoga provides healing for the body and the mind and is especially useful when you need to eliminate fatigue and stress that result from your daily activities.

**Instructor:** Amy Friedman

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4371	1/6-3/16	7:15-8p	Wed	CCBall	Adults	\$156/11 wks

#### **Outdoor Total Body Bootcamp - Returning in the spring**

#### **Bellyfit® SAGE NEW CLASS!!**

Bellyfit is a holistic fitness class designed for women. It incorporates Bellydance, Polynesian and Bollywood followed by core work and stretching done with the aid of a chair. Ancient wisdom meets modern fitness in one transformational hour. Bring tennis shoes, towel and water.

Instructor: Kristen Cunningham

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-2009	1/4-3/14 no class 2/15	11a-12p	Mon	MEC	50+	\$32/10 wks

Combines high intensity cardio and toning kickboxing moves. Each class will end with core strength moves and stretching to promote lean muscle and rebuild as well as drop weight, improve overall fitness, and build confidence. Registration fee includes free gloves for first time attendees.

Instructor: Champions Karate Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4127	1/4-3/14	8:30-9:30p	Mon	CK	Adults	\$189/11 wks
W16-4128	1/5-3/15	8:30-9:30p	Tue	CK	Adults	\$189/11 wks
W16-4129	1/6-3/16	8:30-9:30p	Wed	CK	Adults	\$189/11 wks
W16-4130	1/7-3/17	8:30-9:30p	Thu	CK	Adults	\$189/11 wks

#### **Party Off the Pounds**

**NEW FORMAT!!** Burned out on the same workout? The fun begins here with moving to the latest top 40 dance msic and lose weight at the same time. So come ioin the party.

Instructor: Gisele Samaan, Certified AFAA Personal Trainer & Group Fitness Instructor.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4212	1/6-3/16	8:30-9:15p	Wed	CCBall	16+	\$68/11 wks



#### **Anything Goes Workout**

It's a surprise every time! With a little bit of everything, you'll get a great, full-body workout for an entire hour. Bring your own mat and a set of weights. Instructor: Gisele Samaan, Certified AFAA Personal Trainer & Group Fitness Instructor.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4211	1/4-3/14 no class 1/18 & 2/15	8:15-9:15p	Mon	CCBall	16+	\$65/9 wks

#### Stretch it Out

#### **NEW CLASS!!**

Reduce muscle tension, enhance muscle coordination, increase blood circulation and get that ultimate relaxed feeling.

Instructor: Gisele Samaan, Certified AFAA Personal Trainer & Group Fitness Instructor.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4213	1/6-3/16	8:05-8:25p	Wed	CCBall	16+	\$57/11 wks



#### The Importance of Happiness

Designed to teach you how to take control of your own happiness even while facing life's biggest challenges. Learn how to improve your relationships while reducing toxic emotions such as irritation and anger. This class offers valuable and empowering information that may allow you to experience more happiness in your life. \$10 materials fee

Instructor: Rebecca L. Norrington

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4188	1/7-3/10	6-7p	Thu	CCBill	18+	\$52/10 wks

#### **Balance, Breathing and Stretching**

Designed to improve balance, coordination, strength and flexibility while learning to control breathing and concentration. All major muscle groups are targeted to help revitalize the body. All fitness levels are welcome. Wear comfortable clothing and bring a mat.

Instructor: Rebecca L. Norrington, Certified AFAA Group Fitness Instructor.

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4189	1/7-3/10	7-8p	Thu	CCBill	Adult	\$52/10 wks

#### **Adult Martial Arts**

#### Ju-Jitsu

Includes karate, joint locking, mat holds, chokes, strangles, throwing, and more. This class is geared for people who want practical techniques for any situation. Uniforms (not required) can be purchased via the instructor. Parents must attend start of first class to sign Instructor's Liability Release. **Instructor:** Alan Whitaker

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4225	1/5-3/15	6:30-8p	Tue	CCBall	10+	\$67/11 wks

#### **Karate**

Learn the philosphy, timing, and proper use of Hapkido techniques so that you will be able to keep yourself and your loved ones safe. In addition, you will also gain increased flexibility, physical fitness, coordination, self-confidence, and discipline. All done in a fun, friendly, and challenging atmosphere that you are bound to enjoy. Includes a free uniform for first-time attendees.

Instructor: Champions Karate Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4123	1/4-3/14	7:30-8:30p	Mon	CK	13+	\$189/11 wks
W16-4124	1/5-3/15	7:30-8:30p	Tue	CK	13+	\$189/11 wks
W16-4125	1/6-3/16	7:30-8:30p	Wed	CK	13+	\$189/11 wks
W16-4126	1/7-3/17	7:30-8:30p	Thu	CK	13+	\$189/11 wks



#### Tai Chi Chuan and Oi Kung

Step-by-step teaching Yang's style Tai Chi Chuan/sword and fan. Fun and easy to learn, it will help boost brain power, increase energy, release stress, improve flexibility and balance.

Instructor: Master Ken Cheung and Tony Wong

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4082	1/6-2/24	6:45-7:45p	Wed	CCBall	Beg/Int	\$50/8 wks
W16-4083	1/6-2/24	7:45-8:45p	Wed	CCBall	Adv	\$50/8 wks

#### Tai Chi for Mixed Martial Arts (MMA)

These well rounded training sessions include striking, throwing, submission and apply MMA's full contact rules when sparring. Master Chien's heavy focus on the principle of softness to conquer hardness has helped students to achieve not only beyond the physical limitation, but the mental as well, thereby reaching the ultimate level of "soft as silk and hard as steel." Uniforms are required and can be purchased from the instructor. **Instructor:** Grandmaster Arnold Chien

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4086	1/27-3/16	6:20-7:20p	Wed	CCBall	All Ages	\$81/8 wks
W16-4087	1/27-3/16	7:25-8:25p	Wed	CCBall	Adv Snarring	\$81/8 wks

#### **Adult Sports**

#### **Volleyball**

Open gym time where the teams are made on the spot. A fun experience to get up and move, all skill levels encouraged.

Coordinator: Christina Garcia

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-3029	1/12-3/15	8:30-10:30p	Tue	DG	16+	\$22/10 wks

#### **Beginner Golf Lessons**

If you've never played golf, this lesson series is for you. Learn fundamentals for the full swing, chipping and putting, plus golf etiquette, terminology, rules and on-course skills in a supportive and relaxed atmosphere that puts the emphasis on having fun!

Instructor: Arcadia Par 3 Golf Course Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4032	1/9-1/30	9:30-10:30a	Sat	APGC	16+	\$99/4 wks
W16-4033	2/6-2/27	9:30-10:30a	Sat	APGC	16+	\$99/4 wks
W16-4034	3/5-3/26	9:30-10:30a	Sat	APGC	16+	\$99/4 wks



#### **Intermediate Golf Lessons**

This comprehensive program focuses on further developing your golf skills. Work on swing technique, short game, strategy both on and off the course and learn to practice effectively, taking your game to the next level.

Instructor: Arcadia Par 3 Golf Course Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4035	1/3-1/24	10-11a	Sun	APGC	16+	\$99/4 wks
W16-4036	1/31-2/21	10-11a	Sun	APGC	16+	\$99/4 wks
W16-4037	2/28-3/20	10-11a	Sun	APGC	16+	\$99/4 wks

#### **Tennis Drill Clinic-Intermediate/Advance**

Geared toward the intermediate/advance player. Experience competition, group drills and games to prepare for match play. Bring racquet and a new can of three balls.

Instructor: Danny Cook

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4091	1/8-3/18	9-10:30a	Fri	CG	18+	\$112/11 wks



#### **Adult Semi-Private Tennis**

These groups are designed for 2-4 adult students interested in learning in a more intimate setting. Small Group students enjoy the benefit of a more focused class, where players are grouped by level and work on skills appropriate for that level. Visit our website at www.tennisanyone.info **Instructor:** Tennis Anyone Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4328	1/9-1/30	8-9a	Sat	OG	Adults	\$99/4 wks
W16-4329	2/6-2/27	8-9a	Sat	OG	Adults	\$99/4 wks
W16-4330	3/5-3/26	8-9a	Sat	OG	Adults	\$99/4 wks



#### **Beginner/Intermediate Adult Tennis**

For students who already know how to hit the ball but need help on perfecting their techniques. The overhead smash stroke will be taught and reviewed. Being consistent is the basis of beginners tennis, however, students in this intermediate class will learn the next level of tennis which is control and ball placement. \$10 materials fee

Instructor: Coach Jonathan Nam

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4181 Int	1/4-3/16	7:15-8:15p	M/W	BC	Adults	\$212/11 wks
W16-4182 Beg	1/6-3/16	8:15-9:15p	Wed	BC	Adults	\$212/11 wks

#### **Novice Tennis**

This class is for students who have never played before and who are interested in learning all of the basics pertaining to tennis, including stroke technique, grip, racquet, courts and rules. **\$10 materials fee** 

Instructor: Coach Jonathan Nam

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE
W16-4183	1/5-3/17	7:15-8:15p	T/Th	BC	Adults	\$222/11 wks

#### **Badminton**

This is an open gym time to play badminton. There will be timed rotations to give everyone time on the courts. Participants must bring their own rackets and birdies.

Instructor: Arcadia Recreation Staff

#	DATES	TIME	DAY(S)	PLACE	YEARS	FEE	
W16-3030	1/14-3/17	8:15-10:30p	Thu	DG	16+	\$22/10 wks	

#### **Adult Basketball**

Games are played in the Dana Middle School Gym on Sundays between the hours of 8am and 10pm. Teams will be divided into divisions based on skill level. League fees are \$475 plus a \$40 forfeit deposit, which includes 10 league games, officials, scorekeepers, and championship awards. Registration will be taken on a first-come, first-served basis. Call the Recreation Office at 626.574.5113 for more information or to be added to an interest list.



### ADULT (50+) EVENTS



# Timeless Melodies Foundation for Education Programs begin at 1:15pm



Theme: Frank Sinatra

Part 1 Tuesday, January 5 \$3 Registration Open Part 2
Tuesday, March 1 \$3
Registration Begins 1/5

Larry Maurer, educator and film historian in American music will take you down memory lane with a two part series on American singer, actor, director and producer, Frank Sinatra. Frank is one of the best-selling music artists of all time, selling more than 150 million records worldwide. Sinatra was also the recipient of eleven Grammy Awards. You will learn about the early years of Sinatra and his road to stardom.

# Older Americans Recognition Day Nominations

Arcadia Senior Services in conjunction with the Arcadia Rotary Club will accept nominations for the 2016 senior of the year beginning Monday, January 4.

#### The criteria includes:

At least 55 years of age
A resident of Arcadia
Actively involved in volunteer service
within the community

Nominations must be received by Friday, February 26 and submitted to the Arcadia Community Center located at 365 Campus Drive, Arcadia, CA 91006.

For more information, please call 626.574.5130

#### **FREE Income Tax Preparation**

AARP volunteer tax aides who have been certified by the IRS will prepare 2015 income tax returns for people 50 years and over with low and moderate income. This service is FREE during tax filing season February 4 to April 14. All returns are filed electronically.

Assistance is provided on Thursdays and Fridays only. Appointments are available on a first-come, first-served basis and begin January 18. To schedule an appointment call 626.574.5130. If your return is beyond the scope of the AARP volunteer, they will refer you to a professional tax preparer.



### ADULT (50+) PROGRAMS AND EVENTS

Please call the Arcadia Community Center at 626.574.5130 for registration and program information regarding all special events.

All events listed will be held at the Arcadia Community Center, 365 Campus Drive.

Progam hours: 8am-4pm, Monday-Friday. Tickets non-refundable.

#### **Chinese New Year Luncheon**

Friday, February 12 11:30am-1:30pm \$5

Registration Begins 1/13 at 8:30am Limit 2 tickets per person

The Arcadia Chinese Association and Arcadia Senior Services will celebrate "The Year of the Monkey" which will include a traditional Chinese meal and entertainment.

#### **Heart Health Awareness**

Tuesday, February 23

1:30pm FREE Registration Begins 1/21

February is American Heart Month, Arcadia Senior Services in Partnership with Methodist Hospital is having a special health presentation focusing on Heart Health. Cardiovascular disease is the leading cause of death in the United States; one in every three deaths is from heart disease and stroke. Dr. Kelly-Dokubo, who specializes in cardiovascular disease will be our guest speaker.

#### **Tea, Treats and Vintage Fashions**

Friday, March 11

1-2:30pm \$5 Registration Begins 2/9

This year's fashion show will highlight vintage clothing plus costumes from old time set productions. Carol Libby will be our emcee. Treats and Tea will be provided by local health care agencies.

#### Bunco

Friday, March 18

12:30-3pm \$10 Registration Begins 12/11

The dice will be rolling at our BUNCO event. Two hours playing time plus dessert and beverages. Gift cards are given for; most BUNCOs, most wins, most losses, most baby BUNCOs plus raffle prizes.

#### **Spring Luncheon**

Friday, April 8
11:30am-1pm • \$10 per person
Registration Begins 3/1

Join Arcadia Senior Services as we celebrate Spring with a special luncheon. There will be a delicious catered lunch plus entertainment for your enjoyment.

#### **Cancer Patient Support Groups**

Tuesdays: 11:30am-1pm - ENGLISH Wednesdays: 2:30-4pm - MANDARIN

The Cancer Support Community, Pasadena has a support group for cancer patients at the Arcadia Community Center. At these free professionally-facilitated meetings patients will find information, hope, strength, and community from others going through the cancer experience.

#### **USC "Caring Conversations"**

Fridays: January 15 February 19 March 18

10am-12pm FREE Registration Recommended

With support from USC Davis School of Gerontology, Family Caregiver Support Center (FCSC) is presenting a free series of stimulating educational programs the Third Friday of each month. Come join us and receive important information to relieve stress in your life as a caregiver and take better care of yourself.

#### Parkinson's Support Group

Fridays: January 15 February 19 March 18

#### 1:30-3pm FREE Registration Recommended

In collaboration with Neurosearch, Inc. - Pasadena is providing a Parkinson's support group for individuals with movement disorders, their family/friends or individuals interested in learning about Parkinson's Disease. Light refreshments will be served.

#### FREE Blood Pressure Check

Tuesdays: January 12 February 9 March 8

**10-11:15am FREE** *No appointment necessary, Walk-ins welcome* High Blood Pressure is just one of the risk factors for developing heart and circulatory disease, along with high cholesterol, diabetes, and other factors. The only way to know whether or not you have high blood pressure is to have it measured by Arcadia Methodist Hospital Nurses.



#### Chess Anyone?

Fridays: January 15
February 5 and 19
March 4 and 18

9-10am FREE Registration Recommended

Chess is a game of pure skill played on a board with sets of 16 pieces, the players moving alternately until the king of one is so attacked that it cannot escape. This game challenges us to use our minds and is a great brain exercise. Les Fujimoto will teach you, come join us in the Craft room to learn the game or enhance your current skills.

#### Mahjong

Fridays: January 8 and 22 February 12 and 26 March 11 and 25

1-3pm FREE Registration Recommended

Cornelia Shentu teaches Mahjong, a Chinese originated game.

#### **Tech Talk**

Fridays: January 15 and 29 February 12 and 26 March 11 and 25

#### 3-4:30pm FREE Registration Recommended

The City of Arcadia Recreation and Community Services Department utilizes City Staff and Volunteens to assist senior citizens with modern devices such as cell phones, tablets, and e-readers to aid your communication with family, friends and business relationships.

Arcadia Senior Citizen Services receives funds from the Los Angeles County Community Development Block Grant (CDBG) to administer the Information and Referral (I&R) Program. This publication is one aspect of the services and programs available to individuals 55 years of age and above. CDBG funds are also utilized to administer a Senior Congregate Meals Program, which supplements the daily nutritional intake of our participants. A comprehensive list of the programs and services offered is available at the Arcadia Community Center, 365 Campus Drive, Arcadia, CA 91007 or call 626.574.5130 to receive the information. You may also log onto the City Website at www.ci.arcadia.ca.us

### ADULT (50+) CLASSES

#### ALL CLASSES ARE HELD AT THE ARCADIA COMMUNITY CENTER UNLESS OTHERWISE NOTED

#### **Aerobics/Conditioning Workout**

This class has 30 minutes of low impact cardio followed by 15 minutes of muscle conditioning with weights. It ends with 15 minutes of abdominal strengthening for a total body workout. Bring two free weights and a mat.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	FEE
W16-7000	1/5-3/15	11a-12p	Tue	\$35/11wks
W16-7001	1/7-3/17	12-1p	Thu	\$35/11wks
W16-7002	1/5-3/17	11a-12p Tue / 12-1	o Thu	\$50/11wks

#### **Aerobics - Chair**

This class will focus on specialized chair exercises which concentrate on strengthening individuals with medical challenges. Your instructor will provide a workout without strenuous exertion. Dress comfortably and please bring a bottle of water.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	FEE
W16-7003	1/6-3/16	2:20-3p	Wed	\$35/11wks

#### **Basic Workout**

The course objective is to meet the student's fitness needs in one class. This weekly class will focus on cardio and aerobic activity, strength, resistance, balance and stretching exercises.

Instruct	tor: Amy Friedman		Location	1: Dana Gym
#	DATES	TIME	DAY(S)	FEE
W16-7004	1/5-3/15	5-6p	Tue	\$35/11wks
W16-7044	1/7-3/17	5-6p	Thu	\$35/11wks
W16-7045	1/5-3/15	5-6p	Tue/Thu	\$50/11wks



#### **Beginning Line Dance**

This exciting class will teach you the basic line dance steps. Learn to line dance to your favorite songs. Everyone will have fun dancing while getting exercise at the same time. It is recommended that you wear comfortable clothes and shoes.

Instructor: Pam Wagoner

	9			
#	DATES	TIME	DAY(S)	FEE
W16-7005	1/4-3/14 no class 2/15	12:30-2p	Mon	\$44/10wks
W16-7006	1/7-3/17	12:30-2p	Thu	\$47/11wks

#### **Intermediate Line Dancing**

Add to your basic knowledge of line dancing by learning new steps in this intermediate class. Everyone will have fun dancing while getting exercise and adding steps and confidence that was learned in the beginning course. It is recommended that you wear comfortable clothes and shoes.

Instructor: Bill Berry

#	DATES	TIME	DAY(S)	FEE
W16-7007	1/6-3/16	12:30-2p	Wed	\$47/11wks

#### **Lip Reading/Brain Aerobics**

The lip reading and brain aerobics class is offered as a communication tool for the hard of hearing and the goal of the class is to help students regain confidence and lessen the feelings of isolation that so often come with hearing loss. The class is facilitated by a licensed speech pathologist.

**Instructor:** Francine Hokin Katz

#	DATES	TIME	DAY(S)	FEE
W16-7008	1/25-6/13 no class 2/15	9:30-11:30a	Mon	\$4/20wks
W16-7009	1/27-6/15	9:30-11:30a	Wed	\$4/20wks

#### **Mindful Yoqa**

Ashtanga Yoga is a package program for total health, fitness, beauty and happiness the easy way!

-	tor: Moneer Madari	. , ,	Lo	cation: MEC
#	DATES	TIME	DAY(S)	FEE
W16-7010	1/4-3/14 no class 2/15	2:15-3:15p	Mon	\$32/10wks

#### **Painting (Oil)/Acrylics**

This class presents the basic techniques of working in oil and acrylics using various palettes, mixing and organizing values, light and using color to enhance your work of art. The instructor will teach you how to refine and increase your confidence in this course. All levels are encouraged.

Instructor: KT Boyce

#	DATES	TIME	DAY(S)	FEE
W16-7011	1/7-3/17	9-11a	Thu	\$50/11wks
W16-7046	1/5-3/15	2:45-4:45p	Tue	\$50/11wks

#### **Painting (Watercolors)**

In this class students will learn watercolor techniques that will add interest and excitement to their work of art. Students will have the opportunity to explore ways to strengthen their composition and use of color. Course is intended for beginning to intermediate levels.

Instructor: Pradeepa Thirumulu

#	DATES	TIME	DAY(S)	FEE
W16-7012	1/6-3/16	9-11a	Wed	\$50/11wks
W16-7013	1/6-3/16	11:15a-1:15p	Wed	\$50/11wks



### ADULT (50+) CLASSES

#### **Pilates/Stretch**

This class involves a movement system that combines yoga and pilates. It is a technique that involves the stretching and strengthening of all the body's major muscle groups. It enhances posture with its main focus the strengthening of the core muscles of the abdomen and lower back. Bring two free weights and a mat.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	FEE
W16-7014	1/6-3/16	1:30-2:20p	Wed	\$35/11wks

#### **Strength and Balance**

In this class you will learn the basics needed to improve your strength and balance which will allow you to maintain your independence longer and increase your overall quality of life. Please bring a bottle of water to class.

Instructor: Bonnie Smithson

#	DATES	TIME	DAY(S)	FEE
W16-7015	1/6-3/16	9:35-10:35a	Wed	\$35/11wks

#### **Strength Training**

Return youth to your body, prevent injury through strength and flexibility and improve your balance. The instructor will guide you through exercises to increase your energy and strengthen bone density. Warm-ups may include exotic rhythms and movements. Bring two free weights (1-5lbs.) Dress comfortably and wear tennis shoes.

Instructor: Bonnie Smithson

#	DATES	TIME	DAY(S)	FEE
W16-7016	1/4-3/14 no class 2/15	8:30-9:30a	Mon	\$32/10wks
W16-7017	1/4-3/14 no class 2/15	9:35-10:35a	Mon	\$32/10wks
W16-7018	1/5-3/15	8:30-9:30a	Tue	\$35/11wks
W16-7019	1/5-3/15	9:35-10:35a	Tue	\$35/11wks
W16-7020	1/6-3/16	8:30-9:30a	Wed	\$35/11wks
W16-7021	1/7-3/17	8:30-9:30a	Thu	\$35/11wks
W16-7022	1/7-3/17	9:35-10:35a	Thu	\$35/11wks

#### **Strength Training Combo Classes**

Instructor: Bonnie Smithson

#	DATES	TIME	DAY(S)	FEE
W16-7023	1/4-3/16 no class 2/15	8:30-9:30a	Mon/Wed	\$47/10wks
W16-7024	1/5-3/17	8:30-9:30a	Tue/Thu	\$50/11wks
W16-7025	1/5-3/17	9:35-10:35a	Tue/Thu	\$50/11wks

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	FEE
W16-7026	1/4-3/14 no class 2/15	11a-12p	Mon	\$32/10wks
W16-7027	1/7-3/17	11a-12p	Thu	\$35/11wks
W16-7028	1/4-3/17 no class 2/15	11a-12p	Mon/Thu	\$47/10wks

#### Tai Chi - Advanced

This class offers individuals an assessment of their needs based on personal health profiles. Individual programs will be created for the student which will cultivate improved energy levels and subsequent elevated quality of life.

Instructor: Grand Master Arnold Chien

#	DATES	TIME	DAY(S)	FEE
W16-7029	1/26-3/15	9:35-10:35a	Tue	\$52/8wks

#### Tai Chi - Kinetic

Students will gain balance and health benefits, relieve stress and reduce anxiety. The class offers seven levels - with each student finding a personal level according to their current physical condition and goals.

Instructor: Grand Master Arnold Chien

#	DATES	TIME	DAY(S)	FEE
W16-7030	1/26-3/15	8:30-9:30a	Tue	\$35/8wks

#### **Yoga Chair/Stretch**

In this class you will have passive movements along with easy stretches all done in a chair which makes this class perfect for those who can't do floor work. Move at your own range and enjoy relaxation and flexibility through movement.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	FEE
W16-7031	1/5-3/17	9:35-10:35a	Tue/Thu	\$50/11wks

#### Yoga/Multilevel

Cultivate peace of mind and body. Learn the basics of yoga. Dress comfortably and bring a mat to class. This is a multi-level class which is open to all students with a basic knowledge of movement and breath.

Instructor: Amy Friedman

#	DATES	TIME	DAY(S)	FEE
W16-7032	1/4-3/14 no class 2/15	8:30-9:30a	Mon	\$32/10wks
W16-7033	1/4-3/14 no class 2/15	9:35-10:35a	Mon	\$32/10wks
W16-7034	1/5-3/15	8:30-9:30a	Tue	\$35/11wks
W16-7035	1/6-3/16	8:30-9:30a	Wed	\$35/11wks
W16-7036	1/6-3/16	9:35-10:35a	Wed	\$35/11wks
W16-7037	1/7-3/17	8:30-9:30a	Thu	\$35/11wks
W16-7038	1/4-3/16 no class 2/15	8:30-9:30a	Mon/Wed	\$47/10wks
W16-7039	1/4-3/16 no class 2/15	9:35-10:35a	Mon/Wed	\$47/10wks
W16-7040	1/5-3/17	8:30-9:30a	Tue/Thu	\$50/11wks



#### Zumba Gold

Zumba Gold combines Latin Dance and aerobic exercise. The class includes Merengue, Salsa, Cumbia, etc. targeting all major muscles. Zumba Gold was designed specifically for older adults and beginners with a beginning pace. It is surely a "feel-happy" workout.

Instructor: Kristen Cunningham

Location: Dana Gvm

#	DATES	TIME	DAY(S)	FEE	
W16-7041	1/4-3/14 no class 2/15	5-6p	Mon	\$35/11wks	
W16-7043	1/6-3/16	5-6p	Wed	\$35/11wks	
Location: Arcadia Community Center					
#	DATES	TIME	DAY(S)	FEE	
W16-7042	1/6-3/16	11a-12p	Wed	\$35/11wks	



# RECREATION REGISTRATION INFORMATION There are 4 easy ways to register for classes . . .

### **ONLINE**

### **MAIL-IN**

### **WALK-IN**

### **FAX-IN**

Log onto

#### ArcadiaCA.gov

and look for the recreation page or quick link to online registration.

#### Beginning:

Monday, November 30 Arcadia Residents Only Monday, December 7

Non-Resident Registration

Arcadia Recreation and Community Services Department P.O. Box 60021 Arcadia, CA 91066-6021

Make checks payable to:
City of Arcadia

Beginning:

Monday, December 7

Arcadia Recreation and Community Services Department

375 Campus Drive (Corner of Holly and Huntington)

626.574.5113

7:30am - 5:30pm, Monday - Thursday

8am-5pm, every Friday

Beginning:

Monday, December 7

**Fax:** 626.821.4370 VISA, Mastercard or Discover







Fax completed form and payment information 24 hours a day.

Beginning:

Monday, December 7

### ONLINE / MAIL-IN / WALK-IN / FAX-IN

In the event that you need to make changes to your account i.e., address (Arcadia residency) or birthdate, you will need to provide proof to the Recreation Office. For proof of Arcadia residency, a utility bill or driver's license is required and for proof of birth (18 years and younger), a passport or birth certificate is required.

For your convenience: We accept VISA, MasterCard and Discover card for all registrations.

Online registration receives priority. Only Arcadia residents can register online beginning Monday, November 30. No mail-in, walk-in or fax-in registration will be processed at the Recreation and Community Services Office prior to November 30. Registration will be processed in order received.

Non-residents can register online, mail-in, walk-in or fax-in beginning Monday, December 7.

Mail completed form and payment to: Arcadia Recreation and Community Services Department, P.O. Box 60021, Arcadia, CA 91066-6021 (Make checks payable to: City of Arcadia)

### GENERAL INFORMATION AND REFUND POLICY

- \* To ensure successful classes or activities, please register early.
- \* Pre-registration for all classes is encouraged. Registration must be processed by the Recreation Department office staff before the first class meeting.
- \* If class is full when your check is received, your check will be returned to you by mail and your name will be placed on a waiting list.
- \* Refunds will be assessed a \$10 service charge. No cash or credit card refunds. Checks will be issued about two weeks following the refund request. Refunds and transfers must be requested before the second meeting of a class.

  Any material or food fees paid to the instructor are nonrefundable. No refunds on day of merit badge or trips/excursions.
- \* Activities canceled by the department will be given automatic refunds, without a service charge.
- \* Parents may not attend children's classes after the first meeting of the class series. Parents are expected to pick up their children promptly at the end of the class time. Children will only be released to their parent or guardian. Late pick up of children will result in a penalty fee.
- \* If an outdoor class is canceled due to rain, it will be made up at the end of the session.
- \* As a courtesy and for the safety of participants, children are not permitted to attend adult classes.
- \* The City assumes no responsibility for registration not received.
- \* Late registration will only be accepted at the discretion of the office and will not be prorated.
- \* Adult events and classes are for those 18 years and above, unless otherwise noted.
- \* Individuals may only sign up themselves or their own family members for recreational classes and activities.
- \* Please be advised that all participants involved in any Recreation, Library or Museum programs or special events are subject to being photographed. Such photographs may be used to publicize City programs.

### RECREATION AND COMMUNITY SERVICES DEPARTMENT - CLASS REGISTRATION FORM

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<ol> <li>Are there any special require disabilities, behavior concern</li> <li>List any medication(s) taken</li> </ol>	ments, such as a vegetarian diet, s or other medical information of valid and time medication is taken cations).	or condition which we seen, reason for	should be or medica	e aware? ation, and any poss		
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STAFF USE ONLY	n Certificate for Children under 18	vears of a	00	TOTAL FEES	\$	
espective agents, volunteers and employees), uring said activity, and that participants in hereby agree to assume those risks and to re to be binding on my heirs and assigns. If understand that the City of Arcadia has no o soutling from the lack of supervision of my ch uch photographs may be used to publicize cit a consideration for the City of Arcadia's accep ability or claim or action for damages resultin to assume all risks inherent in the activities any, arising from the conditions and use of e coordance with Section 1542 of the Califor is release.	such activity may sustain personal injurie elease and hold harmless all of the persons of the participant is a minor, I also give perm bligation to supervise my children at the clos ildren at the close of the above activities. I use ty programs. tance of this registration, I hereby agree to in g from or in any way arising out of my parti is which are available and in which I may part equipment and facilities. I further understand	es, and/or proor entities mer nission for his se of the above understand ar ndemnify and icipation in an icipate, and ur and agree tha	operty dam ntioned abo s/her partici re activities and agree the hold harmle y City Recr nderstand t at there ma	nage, as a consequence ve. It is further understoc pation in the above acti- and I release the City of at participants involved in ess the City of Arcadia, it eation and Community S hat these activities involv y be risks and dangers n	e thereof. Knowing the risks of said od and agreed that this waiver, release vities, and for any necessary emerge f Arcadia, its officers, employees and on recreation programs are subject to be sofficials, officers, employees, agents, Services Department program. I further ve risk to my person and property and of known or reasonably foreseeable to	activity, nevertheles and assumption of ris ncy medical treatmer agents from any liabilitieing photographed ar or volunteers from ar understand and agre (2) to assume the risk me at this time, and
understand and agree that included within th juipment and facilities, or the failure to warn of schildcare for tax purpose.	e scope of this release is any cause of action of existing dangerous conditions not known to	on, arising fro	m the perfo	ormance of or the failure d by the City, including al	to perform maintenance, inspection, s I acts of negligence of the City. City pro	supervision or control ograms DO NOT quali
THE PARTICIPANT IS A MINOR, his or (pri	her custodial parent or legal guardian mu int minor's name), who is a minor, and I agre					nt or legal guardian
the event of injury or illness while the participedical treatment on behalf of the minor as ervices Department and its officers, employed pasent to treatment of the minor identified at ecreation and Community Services Department	deemed necessary. The undersigned, as pages and agents into whose care the registe love is given to the Recreation and Commu- ent.	arent or legal ered child has inity Services	guardian o been entru Departmen	of the child identified on usted, to consent to the at in conjunction with any	this form, hereby authorizes the Reci advice of trained emergency personne activity or event in which the minor's	reation and Communi el. This authorization care is entrusted to the
ne Recreation and Community Services De ublications. I hereby grant the City of Arcadia yent or activity free of charge.	partment may take and use photos of part permission to use my, or if the participant is	s a minor, the	minor's like	rposes. Photos of particle eness, name, voice and v	pants are used in the City's activity words in any broadcast, telecast or prir	guide and other med nt media account of th
GIGNATURE (REQUIRED)				Date	9	
	Parent/Guardian				VISA MasterCard	DISCOVER'
IETHOD OF PAYMENT:	Check/Money Order enclosed f	for \$		VIS	SA MasterCard Di	scover Card
Provide Complete Credit Card	Number				Expiration Date	
,						

Signature (if using credit card)

Cardholder Name (if different than above)

### FACILITIES

### ARCADIA PAR 3 GOLF COURSE

620 E. Live Oak Avenue. Arcadia, CA 91006 • 626,443,9367 **Driving Range Hours: 6am-10pm** (Ball machine closes at 9pm)





Arcadia Golf Course, located at the base of the picturesque San Gabriel Mountains, is the hidden treasure of Arcadia. This 18-hole, par 3 course is 1,947 yards. The course and the practice facility are equipped with

lights for late night play making it easier to fit into anyone's busy schedule. It is also home to "The Golf Learning Center," where golfers new and old can learn the "greatest game". From our quaint course to our spacious practice facility, Arcadia Par 3 is the perfect place to spend time relaxing with your family and friends. Recreation classes are offered at this facility! Come and take a look at what the renovated Par 3 Golf Course has to offer!



Soccer Ball rentals available in the Pro Shop

### Wondering what all the hype is about? Book your tee time today and try a round of

#### FootGolf!

Meshing together the games of golf and soccer, brings about a fun and challenging game of FootGolf. Bring your own size 5 soccer ball and keep track of your score!

Easy and fun way to exercise and spend a day outdoors with friends and family.

Looking for a tournament or a family gathering, give us a call and we will handle the rest.

For tee times and discounted rates, please go to golfzing.com or call 626.443.9367.

### ILDERNESS PARK

2240 Highland Oaks Drive, Arcadia, CA 91006

Office Phone: 626.355.5309 E-mail: wildpark@ci.arcadia.ca.us

Have you ever wanted a local place where you can relax and unwind after a stressful week? Those mountain trips are great but, who needs another long drive? Well, here in your own city we have Wilderness Park. This park is conveniently located in the San Gabriel Mountains at the top of Highland Oaks Drive. A peaceful place that is great for families, small groups and even individuals. Wilderness Park has a nature center with many animals on display and a pond to enjoy. Come out and take pleasure in the wonders of nature that are located in your own backyard. Don't forget you can acquire more information by going on the city website at ArcadiaCA.gov.

#### OPERATING HOURS

Open to Public Monday - Friday:

 May - September: 8:30am-7pm 8:30am-4:30pm October - April:

Reservation Needed on Saturday and Sunday:

Please call for hours, they are subject to change.

#### ATTENTION SCOUTS!!

Check out Wilderness Park's own Seasonal Merit Badge Brochure, which can be accessed through our web site or by calling the park at 626.355.5309 for information.



To check what classes are going to be offered in the Winter of 2016, please go to the website. The website will also give information on how to best complete the classes.

> Website Address: ArcadiaCA.gov Remember, a Scout is Always Prepared!!

#### SHELTER RESERVATIONS

(Maximum number is 100 in a group)

Non-Profit Organizations Only, No Private Use

**Reservation Includes:** 

Kitchen, Shelter Cover, Large BBQ and Fire Circle

Please call for Fee Breakdown.

#### **SMALL DAY-USE GROUPS**

(Maximum number is 25 in a group)

Reservation Mandatory for: Saturday and Sunday!!

- Can only be made 7 days in advance.
- Please call for operating hours and fees. (Sundays we are closed by 12pm)
- Fee of \$20 applied for groups between 11 and 25 people

\*Small Birthday Parties are allowed; however, commercial equipment is NOT allowed (i.e. Bounce houses and Dunk tanks)

#### PLANNING AN EVENT?

We welcome all non-profit organizations to reserve the Community Center at a great price! Reserve the Arcadia Community Center on Fridays 4pm-12am • Saturdays 8-12am • Sundays 8am-10pm. Reservations are accepted as early as one year in advance. To check for prices and availability, please call 626.574.5130.



Pre-Sorted Standard U.S. Postage PAID Permit No. 255 Arcadia, CA

SAVE THIS BROCHURE!
It contains all the information
for classes and events for
Dec '15 - March '16

ARCADIA POSTAL CUSTOMER

CITY OF ARCADIA
HOLIDAY TREE

LOLLAGO

And DEDICATION

SATURDAY, DECEMBER 5, 2015

Ceremony starts at 5:00 P.M.

**ARCADIA TRANSIT PLAZA** 

Corner of First Ave. and Santa Clara St.

DEDICATION OF THE OFFICIAL HOLIDAY TREE
BY THE ARCADIA BEAUTIFUL COMMISSION

**ENTERTAINMENT • REFRESHMENTS** 

BRING AN UNWRAPPED TOY TO DONATE

TO THE FOOTHILL UNITY CENTER

afterwards

Continue the merriment and holiday spirit at the Downtown Arcadia Street Market

ARCADIACA.GOV • (626) 574-5460